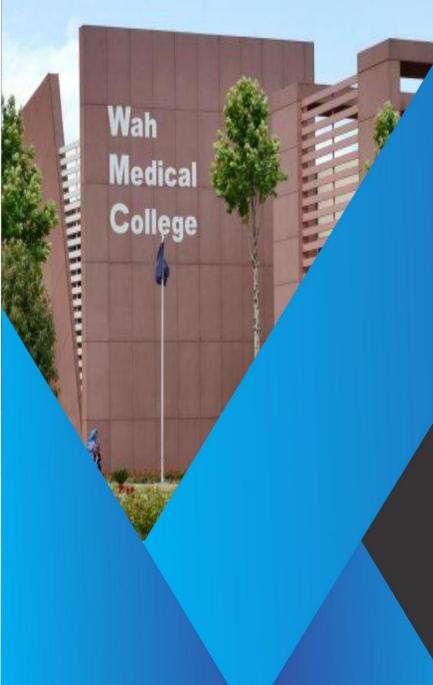
WATE MINDICAL COLLEGE



Department of Medical Education STUDY GUIDE 4TH YEAR MBBS Y4B3

2020-2024

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1. <u>VISION</u>

National University of Medical Sciences envisions a world with a better quality of life for all by enhancing our contribution to healthcare, education, innovation and research.



2. MISSION

"To produce competent medical professional graduates equipped with sound knowledge & research capabilities based on scientific principles, imbued with ethics and moral values primed to serve the community through the profession and pursue research & advanced training in any branch of medicine".

1. Outcomes of WMC MBBS Program:

At the end of our five-year MBBS program, the graduates should be able to:
1. Independently manage common, non-critic1.al clinical problems.
2. Assist in the management of critically ill patients & demonstrate
competency in life saving procedures.
3. Exhibit the attributes of an ethical professional.
4. Conduct research which brings relevance to health care practices.
5. Act as an efficient community health promoter.
6. Exhibit scientific knowledge in all professional activities.
7. Demonstrate clear and efficient written &verbal communication skills.
8. Exhibit the habits of a lifelong learner.

2. Introduction to the Study Guide:

I. Objectives of the Study Guide

Dear Students,

We, at the Department of Medical Education, Wah Medical College, have developed this study guide especially for you. This study guide aims to:

- Inform you about the organization of learning programs in this block which will help you to contact the right person in case of any difficulty.
- Help you in organizing and managing your studies throughout the block
- Guide you on assessment methods, rules, and regulations.
- Define the outcomes which are expected to be achieved at the end of the block.
- Identify the learning strategies that will be implemented to achieve the block outcomes such as lectures, small group discussions, clinical skills, demonstration, tutorial, and case-based learning
- Provide a list of learning resources such as books, and journals for students to consult to maximize their learning.

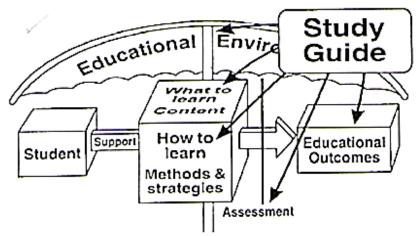


Figure 1. Objectives of the study Guide(HARDEN, J.M. LAIDLAW, E.A. HESKETH, 1999)

II. Commonly used abbreviations & Logos in the study guide

Learning Outcomes:

Learning outcomes are statements that define the expected goal of your course, lesson, or activity in terms of demonstrable skills or knowledge that will be acquired by you as a result of instruction. In simple words, these are the things that you must be able to tell or do with the required attitude after learning a particular topic.

Educational Strategies:

These are the methodologies through which you will be taught by your instructors. These can include.

ese can include.	
Abbreviation	Logos
LGIS: Large Group interactive	
session/Lecture	
Flipped Classroom	FLIPPED Classroom activities
CBL: Case based learning.	A A
Practicals	
Demonstrations	†
SGD: Small group discussions	
BST: Bed Side Teaching	
Skill Lab	
Clinical Teaching (OPD/ OT/ IPD	Ü

Large Group Interactive Sessions

In a large group, the lecturer introduces a topic or common clinical condition and explains the underlying phenomena through questions, pictures, videos of patient's interviews, exercises, etc. Students are actively involved in the learning process.

Flipped classroom

A pedagogical approach in which the conventional notion of classroom-based learning is inverted: students are introduced to the learning material before class with classroom time then being used to deepen understanding through discussion with peers and problem-solving activities facilitated by teachers.

Small Group Discussion

This format helps students to clarify concepts, acquired skills or attitudes. Sessions are structured with the help of specific exercises such as patient case, interviews, or discussion topics. Students exchange opinions and apply knowledge gained from lectures, tutorials, and self-study. The facilitator's role is to ask probing questions, summarize, or rephrase to help clarify concepts.

Case-Based Learning

This is a small group discussion format where learning is focused around a series of questions based on a clinical scenario. Specifically designed case scenarios and the learning outcomes to be achieved are shared with the student before the session. Students prepare for the CBL and during class they discuss and answer the questions applying relevant knowledge gained in clinical and basic health sciences during the block. Faculty members are present as a guide and an assessor.

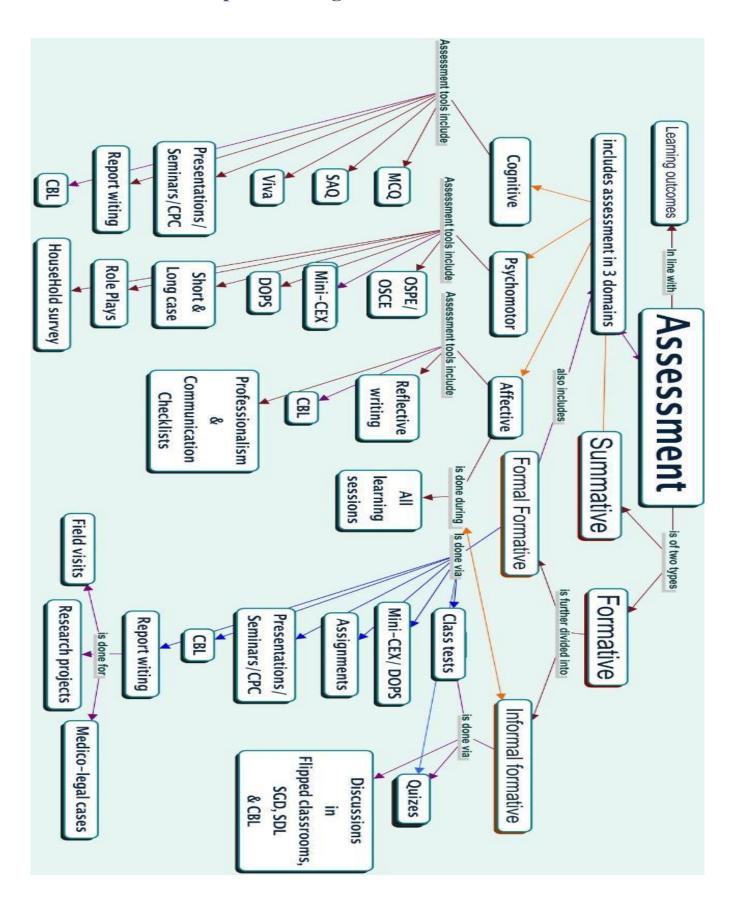
Self-Directed Study

Students assume responsibilities of their own learning through individual study, sharing and discussing with peers, seeking information from the Learning Resource Center, teachers, and resource persons within and outside the college. Students can utilize the time within the college schedule hours for self-study under supervision.

Bedside teaching

Students learn clinical case scenarios/ patient examination firsthand at the patient's bedside with the help of the instructor in case of online teaching, the same cases will be shown to you online with the help of videos and live clinical teaching.

3. Assessment Map & Strategies



i. Internal Assessment.

During the block the students will be continually formatively assessed. The weightage of internal assessment will be 20 % in final professional MBBS Examination. There will be two EOB and one pre-annual examination. There will also be end of rotation exams at the end of each clinical rotation. The scores of the EOB assessment, clinical rotation assessment and pre-annual examination will be used for calculation of the internal assessment. Students must pass at least 50% of all the formal formative assessments conducted during the year to become eligible to sit in the send-up exam. It is mandatory for MBBS students to appear and pass the pre-annual exam with at least 33% marks in each subject as per PMC rules, failing which student is not eligible to appear in the university exam.

ii. Annual Professional Examination.

The University will take the 4th professional Examination as per PMC guidelines at the end of the academic year. Annual Theory & Practical Examination will be of 300 marks each in Special Pathology & Community Medicine & 200 marks each in ENT & Ophthalmology. The pass score will be 50% in theory and practical separately. However, in clinical subjects, students should pass in clinical exams / OSCE (with 50% marks) and unobserved stations (with 50% marks) separately.

1. Scheme of Assessment:

```
SPECIAL PATHOLOGY, COMMUNITY MEDICINE

Marks of theory paper = 120

Time Allowed = 3 hours

Total Marks = 150

MCQs: 40% (150 x 0.4=60 marks)

SEQs: 40% (150 x 0.4=60 Marks)

IA: 20% (150 x 0.2=30 Marks)

Pass Marks = 75

Paper-1:

80 MCQs, Time =80 min

*Marks of MCQ components shall be rationalized to 40% weightage out of 150.

*If a candidate obtains 70 marks in MCQs it will be rationalized as: (70/80*60=52.50)

Paper-2:
```

9x SEQs: 7 questions x 6 Marks each + 2 questions x9 Marks each = 60 Marks

Time = 100 min ENT & EYE

Marks of theory paper = 80 marks, Internal Assessment = 20 marks

Time Allowed = 3 hours

Total Marks= MCQs:40% (40 marks) +SEQs:40% (40 marks) +IA:20%(20 marks)

Pass Marks = 50

Paper-1: 60 MCQs = 40 marks

Time = 60 min

*Marks of MCQ components shall be rationalized to 40% weightage. *If a candidate obtains 50 marks in MCQs it will be rationalized as: (50/60*40=33.33)

Paper-2:

Time = 120 min

8x SEQs = 05 Marks Each = 40 Marks

INTERNAL ASSESSMENT - THE	EORY
INTERNAL ASSESSMENT WEIG	SHTING: 20%
Exams	Weightings
Attendance in Lectures:	10%
a. ≥90% = 10%	
b. 80-89% = 7%	
c. 75-79% = 5%	
End of Block/ clinical rotation (theory) Examination	45%
Continuous assessment (average score of all tests attempted after	20%
every learning session during the academic year)	$\cdot \cap \mathcal{V}$
Pre-Annual Exam	25%
Total	100%
INTERNAL ASSESSMENT STRU	CTURE - PRACTICAL
INTERNAL ASSESSMENT W	VEIGHTING: 20%
Exams	Weightings
Attendance in Practicals:	10%
a. ≥90% = 10%	
b. 80-89% = 7%	
c. 75-79% = 5%	
*End of Block/ clinical rotation (OSCE) Examination	45%
*Continuous assessment of practical/ clinical skills and attitude	20%
Pre-Annual Exam	25%
Total	100%

4. Block Development Committee

Chairperson	Prof. Muhammad Akm	al Khan	
Block In charge	Dr. Yaseen Lodhi		
Members/ Resource	Community Medicine	: Dr. Khola Waheed Khan	
persons	Pathology	: Dr. Lubna Ehtizaz	
	ENT	: Col (R)Prof. Asad Chughtai	
	Ophthalmology	: Dr Yaseen Lodhi	
	Medicine	: Dr. Syed Asim Ali Shah	
	Surgery	: Brig.Prof. Manan Masood	
	Gynecology	: Dr. Shabana Kalsoom	
	Peadiatrics	: Dr. Tahir Mahmood	
	PCMILE	: Dr. Ambreen Ansar	
Study guide developed by	Department o	f Medical Education	
	Wah Medical College under Supervision of		
	Prof. Dr. Musarat Ramzan		
Resource person for study guide	Dr. Ambreen Ansar		

5. Structured Summary of Y4B3

Block	Y4B3
Duration	10 weeks
Prerequisite Block	Y4B2
Special Pathology	Endocrine System/ Short stature, Central & Peripheral Nervous System, White blood cells, Red blood cells and bleeding disorders
Community Medicine	MCH (Reproductive Health, Preventive Pediatrics, Geriatrics), Genetics & Health, Health Education, Nutrition, non-communicable diseases, Snake bite, Military Hygiene and Camp Sanitation, School and Dental Health Service, Occupational Health, Snake bite, Personal hygiene &Islam and public health, unsafe injection / infection control & Patient safety, Health management
ENT	Oropharynx, larynx, tracheostomy, esophagus
Ophthalmology	Retinal diseases, strabismus, amblyopia, ocular injuries, neuro-ophthalmic conditions
Obstetrics & Gynecology	Medical disorders in pregnancy (diabetes, anemia, thyroid disorders, renal disorders), Preterm labour & PPROM ,Postpartum haemorrhage, Miscarriage`
Surgery	Neurosurgery, vascular surgery, Surgical Gastrointestinal Pathologies, Aneasthesia, Radiological Diagnosis.
Medicine	Common Nephrology, Rheumatology, Dermatology and Psychiatry disorders, management of critically ill patients in the A & E department

6. Course content

Community Medicine

After completion of Community Medicine 3rd block the students would be able to:

- Formulate relevant health message and educate community effectively
- Recognize reproductive, child related, nutritional and occupational health issues at household and community levels and recommend appropriate interventions to control them.
- Explain epidemiology of non-communicable diseases in the global and local context and apply knowledge for control and prevention of diseases.

Learning outcomes of skills and attitude

- Demonstrate computing and soft skills
- Write a comprehensive report on assigned tasks.
- Demonstrate professional behavior in all learning activities.

The following educational and Assessment strategies will be used to achieve the block learning outcomes

S #	Торіс	Educational Strategies	Names of Instructor	Importance Must Know Should know Could know
1.	Reproductive Health	Flipped class room	Prof Musarat Ramzan	Must know

Learning Outcomes:

By the end of unit, the 4th Year MBBS students should be able to:

- Interpret risk associated with pregnancy, causes of maternal mortality and relevant indicators of Reproductive Health in the given scenario
- Describe components of RH, safe motherhood and post-natal care.
- Calculate Maternal Mortality Rate and Ratio in the given scenarios
- Recommend relevant actions in the given RH scenarios
- Educate women regarding antenatal care in the given scenario

2.	Preventive Pediatrics and	Flipped class	Dr. Khola Waheed	Must know
	Geriatrics	room	Khan	

Learning Outcomes:

By the end of unit, the 4th Year MBBS students should be able to:

- Justify the role of screening during pregnancy and in infants
- Interpret growth pattern by plotting given information on the growth chart
- Educate the mothers about benefits of breastfeeding and weaning
- Recommend relevant preventive measures to control infant and children mortality.

- Manage common health issues of infants and children.
- Suggest measures catering to the geriatric problems.

• Prepare ORS according to the protocol

3.	Health Education	Flipped	Dr. S. Sabah	Must know
		class room	Imran	

Learning Outcomes:

By the end of unit, the 4th Year MBBS students should be able to:

- Identify communication process, its barriers, stages, best methods and approaches of health education
- Explain functions, models, scope of health education; planning of health education program and reasons of failure of the program.
- Construct health education message
- Implement principles of health education for running health education program

• Demonstrate professionalism to educate community effectively.

4.	Nutrition	Flipped	Dr. Robina	Must know
		class room	Mushtaq	

Learning Outcomes:

By the end of unit, the 4th Year MBBS students should be able to:

- Differentiate major nutritional problems of public health importance
- Recommend preventive and corrective measures against nutritional problems
- Educate community regarding dietary preventive measures and food safety
- Assess nutritional status of the community
- Identify various food practices and food borne diseases

5. Occupational Health LGIS Dr. Sadia Nadeem Must know

- Identify occupational diseases on the basis of clinical and laboratory findings.
- Suggest preventive measures for Occupational Diseases.
- Educate industrial workers and owners about prevention of occupational diseases

6.	Snake bite	Flipped	Dr. Khola	Must know
		Classroom	Waheed Khan	

Learning Outcomes:

By the end of lecture, 4th Year MBBS students should be able to:

- Identify a snake bite and snake type on the basis of signs and symptoms.
- Suggest appropriate First Aid that should be given to a snake bite victim
- Educate individuals about Public Health measures to prevent snake bites.

7.	Non-communicable diseases	Seminar	All faculty member	Must know		
Learning Outcomes:						

By the end of lecture, 4th Year MBBS students should be able to:

- Identify epidemiological determinants of common non-communicable diseases
- Suggest preventive measures for these diseases in at-risk individuals and populations

• Impart health education to prevent these diseases.

8.	Environment	Flipped	Dr. Robina	Must Know
		Classroom /	Dr. Sadia	
		LGIS	Dr. Khola	
			Dr. Saleh	

Learning Outcomes:

By the end of lecture, 4th Year MBBS students should be able to:

- Describe the functions of slow and rapid sand filters
- Relate different health hazards with water pollution/contamination
- Explain modifications for prevention of water related problems
- Explain effects of physical environment on human health
- Suggest control measures for different physical environmental problems.
- Describe the importance and ways of excreta disposal in sewered and unsewered areas
- Interpret the values of BOD, COD & suspended solids
- Explain Sources of health care waste and its disposal.
- Educate individuals/communities on promoting environmental measures to maintain good health

9.	Health Planning, Policy	Flipped	Dr. Sabah Imran	Need t	o
	and Management	Classroom		know	

Learning Outcomes:

By the end of lecture, 4th Year MBBS students should be able to:

- Explain Planning cycle and types of plans.
- Differentiate between goal, target and objectives
- Describe the context and salient features of national health policy
- Appraise the efficiency of a health system/health outlet
- Describe Principals, functions and elements of management in health care settings
- Explain management techniques

Field Visit

- Visit to Water Filtration Plant
- Visit to Sewage Treatment plant
- Visit to incinerator

Learning Resources:

Reference Books

- 3. Text Books
 - Park's Textbook of Preventive and Social Medicine
 - Public Health and Community Medicine (Shah, Ilyas, Ansari, Irfan's)
- 4. Reference Books/ Library resources
 - Population Reference Bureau's Population Handbook
 - Handouts/SDL prepared by faculty

5. Online resources

- Diabetes prevention
- Protein Energy Malnutrition
- Growth monitoring
- Communication for health education

Teaching faculty:

Name	Email address
Prof. Dr. Musarat Ramzan	dean@wahmedicalcollege.edu.pk
Prof. Dr. S. Sabah Imran	sabahimran@wahmedicalcollege.edu.pk
Dr. Robina Mushtaq Rizvi	robinamushtaq@wahmedicalcollege.edu.pk
Dr. Khola Waheed Khan	kholawaheed@wahmedicalcollege.edu.pk
Dr. Sadia Nadeem	sadianadeem@wahmedicalcollege.edu.pk
Dr. Saleh Ahmed	s.ahmed.2345@gmail.com

Assessment formats

Assessment Strategies (Formative)	Assessment Strategies (Summative)
MCQs, Home assignments, SAQs/SEQs	MCQs, SAQs/SEQs, OSPE, Viva

Special Pathology

Learning Outcomes:

At the end of third module, the student of 4th year MBBS should be able to:

- Describe the etiology, clinical features, pathogenesis, laboratory findings, morphological features and clinico-pathological consequences of major diseases related to:
 - o Endocrine System,
 - o Central & Peripheral Nervous System,
 - White blood cells,
 - o Thymus and Lymph nodes,
 - Red blood cells and bleeding disorders

S. No	Topic	Educational Strategies	Name of Instructor/	Importance Must know Should Know Could Know
1.	Endocrinology: Thyroid gland disorders	LGIS/ Practical	Asstt Prof. Dr. Lubna Ehtizaz	Must know

- Describe the structure and function of the thyroid gland.
- Enlist the congenital anomalies of thyroid gland.
- List the hormones synthesized by the thyroid gland and state their functions.
- Describe the synthesis, regulation, and metabolism of thyroid hormones.
- Describe the conditions associated with the effects of increased and decreased concentrations of thyroid hormone and their diagnosis based on laboratory investigations.
- Compare the different forms of thyroiditis based on incidence, pathogenesis, and morphology.
- Enumerate the tumors of thyroid gland and differentiate based on their incidence, pathogenesis, and morphological features.

2.	Pituitary gland/Short	LGIS/	Asstt Prof.	Must know
	Stature/Parathyroid gland	Practical	Dr. Lubna	
	disorders		Ehtizaz	

- Describe the structure and function of pituitary gland.
- Interpret the effects caused by the increased and decreased secretion of the individual hormones of the anterior as well as posterior pituitary gland.
- Define short stature.
- Define a normal childhood growth pattern.
- Enlist laboratory tests for screening of children with short stature.
- Describe some specific causes of short stature including constitutional delay of growth and puberty, familial short stature, endocrine diseases, chromosomal abnormalities or syndromes, skeletal dysplasia and chronic diseases or malnutrition.
- Plan a workup of short stature keeping in view its differential diagnosis.
- Explain the difference between Diabetes Insipidus and SIADH.
- Describe the incidence, risk factors, pathogenesis, and morphology of Hypothalamic and pituitary tumors.
- Appreciate the structure and functions of Parathyroid gland.
- Explain the etiology, types, and pathogenesis of hypo and hyper parathyroidism.
- Discuss the gross and morphological features of hypo and hyper parathyroidism.
- Describe the pathogenesis of Hypercalcemia of malignancy.
- Elaborate the clinical features and laboratory investigations in parathyroid disorders.

• Describe the etiology and lab diagnosis of Pseudohypoparathyroidism

3.	Diabetes Mellitus (I)	LGIS/	Asstt Prof.	Must know
		Practical	Dr. Lubna	
			Ehtizaz	

Learning Outcomes:

- Define and classify diabetes mellitus based on etiology.
- Describe the pathogenesis, clinical features, diagnostic criteria, management and complications of Type 1 and Type 2 diabetes mellitus.

4.	Diabetes Mellitus (II)	LGIS/ Practicals	Asstt Prof. Dr. Lubna Ehtizaz	Must know
Learn	ing Outcomes:			

- Plan a diagnostic approach and further work up for each.
- Interpret different investigations to confirm the diagnosis of each.

5.	Diabetes Mellitus (III)	LGIS/	Asstt Prof. Dr.	Must know
		Practicals	Lubna Ehtizaz	

Learning Outcomes:

Define gestational diabetes mellitus, its etiology, the disease process (pathogenesis) and the effects of the disease, including its symptoms and complications.

• Plan and interpret laboratory investigations to confirm the diagnosis and its management.

6.	Lymphoid System	LGIS/	Asstt Prof. Dr.	Must know
	Disorders	Practical	Syed. Sarwar	
			Ali	

Learning Outcomes:

- Enlist the diseases of thymus and spleen.
- Explain the etiology, classification, and morphology of thymic tumors.
- Describe the classification of lymphoid neoplasms.
- Differentiate between Hodgkin's and Non- Hodgkin's lymphoma.
- Discuss Plasma cell neoplasms and related disorders.
- Explain Non-neoplastic white cells disorders (infections, inflammation).

7.	Leukemias	LGIS/	Asstt Prof. Dr.	Must know
		Practical	Syed. Sarwar	
			Ali /Prof. Dr.	
			Jamila	

Learning Outcomes:

- Enlist Non neoplastic white cells disorders (infections, inflammation).
- Classify leukemias. (FAB classification)
- Classify acute leukemias.
- Discuss the clinical presentation of patient with leukemia, peripheral and bone marrow findings, and lab diagnosis.
- Name special stains used for diagnosis of leukemias.
- Name chronic Leukemias (Myeloid & Lymphoid).
- Discuss the peripheral and bone marrow findings in chronic leukemias.
- Define Myelodysplastic syndrome.
- Enumerate etiological factors of MDS.
- Discuss the diagnosis of MDS.

8.	Adrenal Gland (I)	LGIS/	Asstt Prof.	Must know
	Adrenal Gland (II) /	Practicals	Dr. Lubna	
	Adrenal Gland (III)		Ehtizaz	

- Identify the clinical presentation, causes and functional pattern of lesions of adrenal cortex / medulla.
- Describe the clinico-pathological consequences of each lesion.
- Plan a diagnostic approach and further work up for each lesion.
- Interpret different investigations to confirm the diagnosis of each lesion.

9.	Infertility 1/	LGIS/	Asstt Prof.	Must know
	Infertility 2	Practicals	Dr. Lubna	
			Ehtizaz	

- Common terms associated with infertility.
- Different causes of infertility both in males and females.
- Discuss the specific methods of evaluation to diagnose infertility in both male and female patients.
- Discuss therapeutic management of infertility.
- Comprehend the available infertility treatment options.
- Identify common assisted reproductive techniques

10.	Hematology:	LGIS/	Prof. Dr.	Must know
	Anemias/ Platelet	Practicals	Jamila/ Asstt	
	Disorders		Prof. Maj. Dr.	
			Nabeela Khan	

- Define anemia and give the classification of anemia based on the size of the red blood cells and the etiology.
- Outline the nutritional and metabolic aspects of iron metabolism, including dietary iron, iron absorption, body iron distribution and transport.
- Enlist common causes of iron deficiency anemia.
- Describe the signs and symptoms of iron deficiency anemia and diseases associated with it.
- Differentiate by laboratory tests, anemia due to iron deficiency from other causes of microcytic anemia.
- Outline the concept of anemia of chronic disease/inflammation and describe the pathogenesis.
- Describe the common causes of macrocytic anemia.
- Describe the concept of megaloblastic anemia and the effect of vitamin B12 and folate deficiency on inhibition of DNA synthesis. Compare megaloblastic to non-megaloblastic anemia.
- Describe the signs and symptoms and laboratory diagnosis of macrocytic anemia.
- Enumerate aplastic anemia, its causes, peripheral and bone marrow findings, and complications.
- Outline a simplified classification for the hemolytic anemias.
- Describe additional clinical signs in a patient with hemolytic anemia and explain how these may differ from those caused by anemia due to other causes.
- Describe the mechanism involved in the development of anemia in congenital spherocytosis and in G6PD.
- Outline the clinical consequences of Hemolysis.
- Describe the pathological mechanism that leads to autoimmune hemolytic anemia and discuss warm and cold hemolytic anemia.

- Outline the laboratory diagnosis of a hemolytic process and discuss the concept of extravascular and intravascular hemolysis.
- Describe the investigations of a patient with hemolytic anemia.
- Enlist the complications of hemolytic anemias.
- Classify autoimmune hemolytic anemia (AIHA).
- Enlist the secondary causes of AIHA.
- Enlist the lab findings seen in AIHA.
- Name the typical autoantibodies in warm autoimmune hemolytic anemia.
- Briefly explain G6PD.
- Enlist the salient features of hereditary Spherocytosis with respect to cause, sign and symptoms and laboratory diagnosis.
- Explain the pathophysiology, Hemoglobin defect and genetics in Sickle Cell Disease.
- Discuss the clinical features and complications of Sickle Cell Disease.
- Name the tests for prenatal screening of Sickle Cell Disease.
- Enlist the lab tests for the diagnosis of Sickle Cell Anemia.
- Classify thalassemia.
- Explain pathophysiology of β thalassemia.
- Enlist the sign and symptoms, complications, and lab diagnosis of β Thalassemia.
- Discuss the importance of cross matching.
- Describe the Rh incompatibility.

11.	Red blood cells and bleeding disorders	LGIS/ Practical	Prof. Dr. Jamila/ Asst	Must know
			Prof. Maj Dr.	
			Nabeela	

- Enumerate Red blood cells and bleeding disorders.
- Enlist different kinds of bone marrow transplant indications and complications.
- Describe different phases of hemostasis.
- Enlist causes of vascular abnormalities, platelet disorders and clotting factor abnormalities
- Name the coagulation disorders.
- Discuss idiopathic thrombocytopenic purpura.
- Discuss the causes & pathophysiology of DIC.
- Briefly discuss the Thrombotic thrombocytopenic Purpura and HUS.
- Name Myeloproliferative disorders, causes and lab diagnosis of Myeloproliferative Disease.

12.	Central & Peripheral	LGIS/	Prof Brig	Must know
	Nervous System	Practical	(R)Tariq	

Masood	
Malik	

- Discuss the diseases of neuromuscular junction / diseases of skeletal muscle / disorders of peripheral nerves.
- Tell the etiology, pathogenesis, and diagnosis of cerebrovascular diseases / malfunctions & developmental disorders / infections / traumatic injury /prion diseases / demyelinating diseases.
- Discuss Neurodegenerative disorders / CNS tumors.

Practicals

Learning outcomes:

At the end of third module, the student of 4th year MBBS should be able to

• Establish diagnosis of given slides of Special Pathology lesions included in the module, correlating histopathological findings.

S. No	Торіс	Educational Strategies	Name of Instructor	Important Must know/ Should know/ Could know
1	Endocrine System	Demonstration/ Practical	All Lecturers	Must know

Learning Outcomes:

After the completion of demonstration /performance in practical class, students will be able to elucidate the microscopic features of

- Multinodular goiter
- Follicular Adenoma
- Papillary Carcinoma thyroid and convey the findings to the patient and attendants in simple words.

2.	Bones and joint diseases	Demonstration	All	Must know
		/ Practical	Lecturers	

Learning Outcomes:

After the completion of demonstration /performance in practical class, students should be able to elucidate the histological features of:

• Giant cell tumor, Osteosarcoma

3.	White Blood cells	Demonstration	All	Must know
		/ Practical	Lecturers	

Learning Outcomes:

After the completion of demonstration in practical class, students should be able to elucidate the following lesions and convey the findings to the patient/attendants in simple words.

• WBCs disorders (Leukemias)

- Multiple Myeloma.
- Hodgkin's lymphoma and non-Hodgkin's
- lymphoma, Tuberculous Lymphadenitis

4	Red blood cells &	Demonstration	All	Must know
	bleeding disorders	/ Practical	Lecturers	

After the completion of demonstration in practical class, students should be able to:

- Explain principles of Leishman Stain
- Stain peripheral smear and identify reticulocytes.
- Perform blood grouping.
- Identify different blood groups.

5	Instruments:	Demonstration	All	Must know
	Spectrophotometer	/ Practical	Lecturers	

Learning Outcomes:

After the completion of demonstration /performance in practical class, students should be able to:

- Identify the instrument.
- Identify the parts of the instrument and explain their functions.
- Explain the principle of operating the instrument.
- Explain Beer Lambert Law.
- Define absorbance.

Learning Resources:

Textbooks

- Robbins Atlas of Pathology 3rd edition
- Robbins Basic Pathology 10th edition

Reference Books/ Library resources:

- Hoff brand Essential Haematology 7th edition
- Zilva Clinical Chemistry in Diagnosis and Treatment 5th edition

Online resources:

www.pathologyoutlines.com

Teaching faculty:

Name	Email address	
Brig (R) Dr. Tariq Masood Malik	malik.tarik@gmail.com	
Dr. Jamila	jamila1601@yahoo.com	
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Dr. Lubna Ehtizaz	drlubnaehsan@gmail.com	
Maj Dr. Nabeela Khan	haem14488@gmail.com	
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Dr. Saba Anwar	sabaanwar@gmail.com	
Dr. Fareena Asim	fareenaasim@gmail.com	
Dr. Hajira Aziz	Jiaaziz12@gmail.com	

Assessment formats:

Assessment Strategies (Formative)	Assessment Strategies (Summative)
	SEQS, MCQS, OSPES and VIVA
MCQS, OSPES and VIVA	

Ophthalmology

Block Learning Outcomes:

Subject Learning Outcomes

The department of ophthalmology aims to equip medical students with essential knowledge, skills and attitude which will enable them to:

- 1. Provide primary eye care for various ophthalmic diseases including emergencies and if required, refer the patients to appropriate centers (PLO 1,6)
- 2. Perform various ophthalmic examination methods essential for all Practitioners (PLO 1,2,6)
- 3. Communicate effectively with the patient, family and community regarding eye diseases and their related issues (PLO 1,2,6)
- 4. Perform essential minor surgical procedures
 5. Apply principles of medical ethics pertaining to Ophthalmology
 (PLO 3)
- 6. Provide awareness regarding prevention of common public ophthalmic health problems (PLO 5)

Block Learning Outcomes:

At the end of block-3 the students of 4th year MBBS should be able to:

1. Diagnose proptosis and its common causes like thyroid eye disease, orbital inflammatory disease and orbital tumors. Advice common investigations required for its evaluation. Summarize various medical and surgical management options.

(SLOS 1,2,3,5,6)

- **2.** Differentiate between various types of Glaucoma and suggest their management plan. (SLOS: 1,2,3,4,5,6)
- **3.** Classify different ocular injuries and suggest management of different types of ocular injuries. (SLOS: 1,2,3,4, 5, 6)
- **4.** Clinically diagnose strabismus and describe management of its different types.

(SLOS: 2,3,5,6)

5. Describe different neuro-ophthalmic conditions and suggest their Management plan.

(SLOS: 1,2,3,5,6)

S. #	Topic	Educational Strategies	Name of instructor	Importance Must Know Should Know Could Know
1.	Orbit I	LGIS	Maj. Haroon Sarfraz	Must Know
Lear	ning outcomes:			

Recall and explain the anatomy of orbit. • Correlate the clinical features of orbital diseases with its pathophysiology. • Recognize proptosis and its common causes. • Describe various orbital diseases like orbital infections and orbital tumors. 2. **Orbit II LGIS** Maj. **Must Know** Haroon Sarfraz **Learning outcomes:** Describe different clinical pictures in Thyroid Ophthalmopathy. Advise the investigations required for orbital diseases. • Summarize various medical and surgical management options. 3. Glaucoma I **LGIS** Prof. M. Should know Akmal Khan **Learning Outcomes:** • Recall related anatomy and physiology • Explain pathogenesis of different types of glaucoma. • Describe different open angle glaucomas and their treatment. 4. Glaucoma II **LGIS** Prof. M. Should know **Akmal Khan Learning Outcomes:** Explain pathophysiology of angle closure glaucoma. • Outline management plan for acute congestive glaucoma. 5. Glaucoma III **LGIS** Prof. M. Should know **Akmal Khan Learning Outcomes:** Explain different features of congenital glaucoma. • Appraise differential diagnosis of congenital glaucoma. **Ocular Trauma: Blunt Should know** 6. **LGIS** Dr. Marrium Shafi **Learning Outcomes:** • Classify different types of ocular injuries. • Describe different presentations in blunt ocular trauma. • Suggest management of cases of blunt ocular trauma. Ocular Trauma: 7. **LGIS** Dr. May know Penetrating and IOFB Marrium Shafi **Learning Outcomes:**

- Describe different types of penetrating ocular injuries.
- Suggest the management of different penetrating ocular injuries.

• Recognize features of different intraocular foreign bodies.

8.	Chemical injuries and	LGIS	Dr.	Should know
	Orbital fractures		Marrium	
			Shafi	

Learning Outcomes:

- Describe the pathogenesis of chemical injuries.
- Recognize different grades of chemical injuries and suggest their management plan.

• Describe different types of orbital fractures and their management.

9.	Strabismus	LGIS	Prof. M.	Should know
			Akmal Khan	

Learning Outcomes:

- Recall the anatomy of extraocular muscles.
- Explain different physiological phenomena in binocular muscular balance.
- Suggest management of different types of squint.

• Classify amblyopia and suggest its management plan.

10.	Visual loss	LGIS	Dr. Yaseen	Should know
			Lodhi	

Learning Outcomes:

- Identify various causes of visual loss
- Diagnose most probable causes of visual loss on the basis of clinical presentation.

11.	Neuro-Ophthalmology:	Flipped	Dr. Asma	Should know
	Introduction , Visual	Classroom	Aftab	
	Pathway and Cranial			
	Nerve pathways			

Learning Outcomes:

- Recall the visual pathway.
- Explain pathophysiology of different visual field defects.
- Recall pathways of cranial nerves supplying extraocular muscles.
- Recognize different clinical conditions of nerve palsies related to ophthalmology.

12. Neuro-Ophthalmology:	Flipped	Dr. Asma	Should know
Pupil and Miscellaneous	Classroom	Aftab	
disorders			

- Recall the pupillary light reflex pathway.
- Explain different pupillary disorders and their pathogenesis.
- Classify optic neuritis and enumerate steps of its management.
- Explain papilloedema and identify its causes.

Learning Resources:

1. Text books:

- > Clinical Ophthalmology, Jatoi S M
- Basic Ophthalmology, Jogi R

2. Reference Books:

- > General Ophthalmology, Vaughan and Asbury
- > Kanski's Clinical Ophthalmology A Systematic approach, Bowling

3. Online resources:

> https://www.medscape.com/ophthalmology

4. <u>Library resources:</u>

- ➤ Basic Ophthalmology, Jogi R
- ➤ General Ophthalmology, Vaughan and Asbury
- ➤ Clinical Ophthalmology, Jatoi S M
- ➤ Parson's Diseases of the eye, Sihota R
- > Kanski's Clinical Ophthalmology A Systematic approach, Bowling

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Assessment formats:

Assessment Strategies (Formative)	Assessment Strategies (Summative)
Quiz, Batch discussion, Google forms	MCQ's, SAQ's, OSCE & Viva

ENT

S.#	Topic	Educational Strategies	Name of instructor	Importance Must Know Should Know Could Know
1.	Common Disorders of Oral Cavity	LGIS	Prof. Dr M. Asad Chughati	
Learn	ning Outcomes:			
•	Differentiate between the common		of the oral cavi	ty.
•	Advise management plan according			
2.	Differential Diagnosis of white Patch Oral Cavity	LGIS	Prof. Dr M. Asad Chughati	
Learn	ning Outcomes:			
•	Summarize the normal anatomy a structures in the oropharynx. Differentiate between a white patch		of the tonsils	and surrounding
3.	Tumors of Oral Cavity	LGIS	SR . Dr Anum Ajmal	
•	Explain the basics of malignant disc Differentiate various types of orall clinical examination.	pharyngeal lesi	-	sis of history and
4.	Suggest different treatment modalit Acute & Chronic Tonsillitis	LGIS	Prof. Dr M. Asad	
			Chughati	
Learn • •	Elaborate the etiology, pathophysio Suggest appropriate treatment options for scenarios		ctors associate	
5.	Acute & Chronic Pharyngitis	LGIS	Prof. Dr M. Asad Chughati	
Learn	ning Outcomes:			
•	Differentiate between different type	• •	•	
•	Suggest investigation, needed for d	iagnosis.		

•	Outline management plan.		
6.	Head & Neck Space	LGIS	Prof. Dr
	Infections		M. Asad
			Chughati
Lear	ning Outcomes:		
•	Recall the applied anatomy of fasci	al planes of the	neck
•	Identify the abscesses around the p	-	
	Retropharyngeal, Paraharyngeal pe	_	
•	Suggest investigation and managen		(
7.	Tumors of Oropharynx	LGIS	SR.Dr
'`		LGIS	Anum
			Ajmal
Lear	ning Outcomes:		1.23
	• Listl different sites for tumor of or	ronharvnx	
	 Diagnose tumor of oropharynx on 		
	Advise management plan.	cillical dasis.	
8.	Diseases of Larynx &	LGIS	Prof. Dr
	Trachea in Children	Lois	M. Asad
			Chughati
Lear	ning Outcomes:		022009
Lear	Summarize the applied anatomy an	d nhysiology of	f the larvny trachea in children
	Differentiate between different type		
•	Advise their management.	os or laryingear i	inicetion.
9.	Laryngo Tracheal Trauma	LGIS	Prof. Dr
			M. Asad
			Chughati
Lear	ning Outcomes:		02200920002
	Recall the surgical anatomy of the l	arvnx	
•	Explain different features of laryng	-	its management.
10		LGIS	Prof. Dr
	Management	2018	M. Asad
	17 Linugement		Chughati
Lear	ning Outcomes:		Caragamer
	Explain indications, operative techniques	niques, post-op	erative care and complications of
	tracheostomy.	inques, post op	orani to tare and comprisations or
•	List the indications for percutaneou	s Tracheostomy	v and larvngeal mask applications
11		LGIS	SR . Dr
	of Larynx		Anum
	, ,		Ajmal
Lear	ning Outcomes:		^ -J
Lucar	mine Outcomes.		

- Recall the applied anatomy of the larynx.
- Discuss diagnosis of laryngeal cancer on clinical basis
- Outline management plan in a case of carcinoma larynx.

12.	Diseases of Esophagus	LGIS	Prof. Dr	
			M. Asad	
			Chughati	

- Differentiate between various types of dysphagia based on its etiology and pathophysiology.
- Plan investigation and management

13.	Neck Masses	LGIS	Prof. Dr
			M. Asad
			Chughati

Learning Outcomes:

- Identify different types of neck masses on a clinical basis.
- Order relevant investigations and management plans.
- Explain distribution and drainage area of cervical lymph nodes.

Learning Resources:

Text books:

- Ballenger's Otorhinolaryngology, Head & Neck Surgery 17th edition.
- Scott Brown's Otorhinolaryngology 8th edition.

Reference Books:

- Diseases of Ear, Nose, and Throat Head and Neck Surgery by PL Dhingra. Shruti Dhingra 8th Edition.
- Logan Turner's Diseases of the Nose Throat and Ear Head and Neck Surgery by S. Musheer Hussain 11th Edition.
- Essential of ENT Examination by JT Shah

Assessment formats:

Assessment tools (Formative)	Assessment Strategies (Summative)
MCQs, Home assignments, SAQs	MCQs, SEQs, OSPE, Viva

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Pediatrics

- Identify signs & symptoms, laboratory work-up and management outline of common endocrine diseases in children
- Identify signs & symptoms, laboratory work-up and management outline of common blood disorders in children
- Identify presentation, diagnostic work-up and management outline of common hematological malignancies in children
- Discuss common causes of fits with fever in children, necessary laboratory work-up and management outline.

S.#	Topic Le	arning Objective	Educational Strategies	Instructor	Importance (Must Know Should Know Could Know)		
		ENDOCR	INOLOGY				
1	Stature problems	in children	LGIS	Dr Sohail Ashraf	Must Know		
Lea	rning Outcomes:						
2	 Define stature, normal growth curves Define short and tall stature Common presenting features with targeted history List the Causes of short & tall stature in children outline the Investigation plan for short & tall stature Outline management plan of short / tall stature Discuss prognosis. Thyroid problems in children LGIS Dr Saba Must know Must know 						
Lea	rning Outcomes:						
 Define Hypothyroidism & Hyperthyroidism Identify the clinical presentation of thyroid disorders in children Outline Investigation plan for Hypothyroidism & Hyperthyroidism Outline management plan Discuss prognosis. 							
3	Diabetes Mellitus	in children	LGIS	Dr Sohail Ashraf	Must know		

- Discuss normal blood glucose physiology
- Define Diabetes mellitus in children
- Discuss types of Diabetes mellitus in children and their presenting features
- Explain Pathophysiology of Diabetes mellitus in children
- Outline Diagnostic work-up for Diabetes mellitus in children
- Discuss Treatment / management plan
- Define DKA, its presentation, diagnosis, management & complications
- Discuss prognosis
- Parental counseling regarding diet and life style modification of the child

4	Adrenal disorders in children	LGIS	Dr Kiran	Should know
			Shah	

Learning Outcomes:

- Enlist common adrenal problems in children
- Identify the clinical presentation of common adrenal disorders in children
- Outline Investigation plan for adrenal disorders
- Outline management plan
- Discuss prognosis.

	BLOOD					
1	Leukemia in children	LGIS	Dr Sundus khan	Must know		

Learning Outcomes:

- Enlist common hematological malignancies in children
- Define Leukemia
- Classification of Leukemia, with definition of ALL, CLL, AML, CML
- Common presenting features with targeted history & clinical examination in suspected hematological malignancy
- Discuss investigation plan & work-up
- Outline management plan of Leukemias
- Discuss prognosis and complications.

	<u> </u>			
2	Lymphoma in children	LGIS	Dr Sohail	Must know
			Ashraf	

- Enlist commonly occurring Lymphoid malignancies in children
- Define Lymphoma
- Classification of Lymphoma, with definition of Hodgkin & Non-Hodgkin's Lymphoma.

- Common presenting features with targeted history & clinical examination in suspected Lymphoid malignancy
- Discuss investigation plan & work-up
- Outline management plan of Lymphomas
- Discuss prognosis and complications.

3	Anemias	LGIS	Dr Saba	Must know
			Mushtaq	

- Define Anemia
- Enlist common causes of anemia in children
- Classification of Anemia
- Common signs & symptoms related to different anemias & clinical examination
- Discuss investigation plan & work-up
- Outline management plan of Anemias
- Discuss prognosis and complications.

4	Thalassemia in children	LGIS	Dr Qurat	Must know
			ul Ain	

Learning Outcomes:

- Define Hemolytic anemia
- Discuss common causes of hemolytic anemia in children
- Define Thalassemia, its classification & pathophysiology
- Common presenting features with targeted history & clinical examination in suspected case of hemolytic anemia
- Discuss investigation plan & work-up
- Outline management plan of thalassemia with its different types
- Discuss prognosis and complications.
- Parental & family counselling with future therapeutic options.

5	Platelet disorders in children	LGIS	Dr Qurat	should know
			ul Ain	

Learning Outcomes:

- Enlist common platelet disorders in children
- Define Thrombocytopenia & Thrombocytosis
- Identify common presenting features with targeted history & clinical examination in suspected platelet disorder
- Discuss investigation plan & work-up
- Outline management plan of common platelet disorders
- Discuss prognosis and complications.

CNS

1	Fever with fits in Children	LGIS	Dr Tahir	Must Know		
			Mahmood			
Lea	rning Outcomes:		-			
•	Enlist common conditions with fever &	Fits in children	n			
•	 Common presenting features with targeted history & clinical examination 					
•	 Define Febrile fits, its types & presentation 					
•	Discuss investigation plan & work-up					
•	Outline management plan					
•	Discuss prognosis and complications					

Learning Resources:

1. Reference Books

• Basis of Pediatrics by Parvez Akbar Khan

2. Online resources

• drtahirnoor@hotmail.com

3. Library resources

- Textbook of Pediatrics by PPA
- Current Pediatric Diagnosis & Treatment
- Harriet & Lane Handbook of Pediatrics
- Pediatrics illustrated text book by Tom Lissauer

Assessment formats:

Assessment Strategies (Formative)	Assessment Strategies (Summative)
MCQ, SEQ, Mini CEX, CBL	MCQ, SEQ, Long case, short case

Gynecology

Learning Outcomes:

At the end of this block 4th year students should be able to

- 1. Identify the clinical presentation, diagnose and plan management of women with medical complications of pregnancy (diabetes, anemia, thyroid disorders), Rhesus isoimmunization and recognizes limitations and escalate care to senior colleagues and other specialties when appropriate
- 2. Understand the risk factors and manage patients who had obstetrical emergencies Antepartum hemorrhage, maternal collapse, Amniotic fluid embolism, Pulmonary embolism and postpartum hemorrhage (PPH)
- 3. Identify the causes and formulate a management plan of patients having common gynecological problems subfertility and miscarriage

S.#	Topic	Educational Strategies	Instructor	Importance Must Know Should Know Could Know			
1	Antepartum haemorrhage	LGIS	Dr. Shabana Kalsoom	must know			
Lea	rning Outcomes:						
•	Define APH ·						
•	Enlist causes of APH ·						
•	Describe clinical presentation of placenta Previa & placental abruption						
Discuss diagnosis & management & complications of APH							
•	Differentiate between placenta Prev	ia & abruption					
2	Thyroid disorders in pregnancy	LGIS	Dr. Noreen	Must know			

Learning Outcomes:

- Review the clinical presentation of Hypothyroidism and hyperthyroidism in pregnancy
- Discuss the effects of Hypothyroidism and hyperthyroidism on fetomaternal outcome
- Interpret the investigations done for thyroid disease and knows the pregnancy specific ranges
- Outline a management plan of pregnancy in women with thyroid disorders & thyroid storm

Majeed

• Demonstrate the importance of multidisciplinary care in management of medical disorders in pregnancy.

3	Diabetes in pregnancy	LGIS	Prof. Kinza Alam	Must know			
Lea	rning Outcomes:						
	Classify types of diabetes in pregnan	CV.					
•	State and interpret tests done for diag		onal diabetes.				
	Enlist maternal and fetal complication	•					
•	Formulate a management plan for diabetes in pregnancy.						
4	Subfertility	LGIS	Dr. Iram	Must know			
	·		Mushtaq				
Lea	rning Outcomes:						
•	Define subfertility						
•	Describe causes of subfertility						
•	Enlist and interpret investigations of	subfertile couple	2				
•	Formulate a management plan for su	bfertile couple					
5	Sudden maternal collapse (Amniotic	LGIS	Prof. Humaira	Must know			
	fluid embolism and pulmonary		Nasir				
	embolism)						
Lea	rning Outcomes:						
•	Explain the assessment of pregnant v	women with colla	apse				
•	Describe the CPR of pregnant wome	n	-				
•	Analyze the difference of CPR of pro		regnant women				
•	Describe the incidence and risk factor	or for amniotic fl	uid embolism an	d pulmonary			
	embolism						
•	 Explain the clinical presentation of a embolism 	mniotic fluid em	bolism and pul	monary			
	Outline the management plan of preg	gnant women wit	h amniotic fluid	embolism and			
	pulmonary embolism						
6	Anemia in pregnancy	LGIS	Dr. Ayesha	Must know			
			Irfan				
Lea	rning Outcomes:						
•	Define anemia in pregnancy and its i	ncidence					
•	Describe the common causes of anaemia in pregnancy						
•	Describe symptoms and signs of anemia						
•	 Discuss different types of anemia and how to investigate 						
•	Formulate a management plan for an						
•	Demonstrate the importance of multi-	disciplinary care	e in management	t of medical			
<u> </u>	disorders in pregnancy.						
7	Rhesus isoimmunization	LGIS	Dr. Shabana	Must know			
			Kalsoom				

- Summarize the etiology of rhesus disease ·
- Enlist potential sensitizing events for rhesus disease ·
- Describe management of sensitizing events in Rh ve women ·
- Outline a management plan of pregnancy in a non- sensitized woman ·
- Suggest a management plan of pregnancy in a sensitized woman ·

• Interpret ultrasound features of hydrops fetalis

8	Postpartum Haemorrhage (PPH)	LGIS	Prof.	Must know
			Mehreen	
			Mehdi	

Learning Outcomes:

- Define postpartum hemorrhage (PPH) and its type
- Identify risk factors for PPH
- Enlist causes of PPH
- Discuss clinical presentation of various causes of PPH
- Formulate a management plan (general & specific) for PPH

9	Miscarriage (spontaneous&	LGIS	Dr. Khair-	Must know
	recurrent)		Un-Nisa	

Learning Outcomes:

- Define miscarriage.
- Discuss common causes of miscarriages.
- Enlist different types of miscarriages.
- Differentiate clinically different types of miscarriages.
- Interpret ultrasound findings in a case of miscarriage.
- Outline a management plan according to types of miscarriage.
- Counsel a patient of miscarriage
- Define recurrent miscarriage.
- Discuss causes of recurrent miscarriage.
- Enlist investigations for a case of recurrent miscarriage.
- Manage a case of recurrent miscarriage.

Learning Resources:

1. Reference Books

- Obstetrics by ten teachers 20th edition
- Gynaecology by ten teachers 20th edition

3. Library resources

- Hacker and Moore's essential obstetrics 6th edition
- High Risk pregnancy 5th edition
- Shaw's text book of gynaecology 17th edition

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Assessment formats:

Assessment Strategies (Formative)	Assessment Strategies (Summative)		
SEQ, MCQ, MINICEX	SEQ, MCQ, OSPE		

Medicine

Block Learning Outcomes:

Learning Outcomes:

By the end of this block students should know:

- Identify Clinical features, Correlate pathophysiology, Diagnose, investigate and plan management of common Acute and chronic infections, Pituitary / CNS Disorders Hematological disorders. Dermatology and Psychiatry disorders (SLO1,3, 5,6).
- Recognize complications & advise preventive measures and discuss prognosis of these disorders (SLO1, 2,4, 5).
- Diagnose, investigate and plan management of critically ill patients in A&E department (SLO 1, 3, 4, 5).

S.#	Topic	Educational Strategies	Instructor	Importance (Must Know Should Know Could Know)	
1	Pituitary Disorders	LGIS	Dr. Rifat Yasmin	SHOULD KNOW	
Lear	ning Outcomes:				
•	Define criteria for diagnosir				
•	Recall pathophysiology of	central precocious p	ouberty, acromegaly	y and growth	
	hormone deficiency.				
•	Discuss functions of anterio	or and posterior pitus	itary hormones and	hypothalamic	
	hormones.		. 1	1.011	
•	Suggest investigations for d	•		and GH	
	levels.Propose surgical, med			MICEUNOW	
2	Extra Pulmonary Tuberculosis	LGIS	Dr. Asim Ali	MUST KNOW	
	Tuberculosis		shah		
Lea	rning Outcomes:				
•	Define Extra pulmonary T	Cuberculosis			
•	 Describe etiology, pathogenesis of Extra Pulmonary Tuberculosis. 				
•					
•	Diagnose extra pulmonary	•			
•	Give Treatment plan of Extr		culosis		
3	Malaria	LGIS		MUST KNOW	

shah

- Discuss the etiology and Enumerate the Symptoms and signs of the disease
- Elaborate Modes of transmission and the causative organism
- Identify Susceptible individuals
- Diagnose various stages of disease and complications based on clinical and characteristic features.
- Suggest Diagnostic modalities and treatment options.
- Propose prevention option.

4	Typhoid Fever	LGIS	Dr. Rifat	MUST KNOW
			Yasmin	

- Discuss the etiology and Enumerate the Symptoms and signs of the disease
- Elaborate Modes of transmission and the causative organism
- Identify Susceptible individuals
- Diagnose various stages of disease and complications based on clinical and characteristic features.
- Suggest Diagnostic modalities and treatment options.
- Propose prevention options including vaccination.

5	HIV	LGIS	Prof. Sohail	Should Know
			Iqbal Bhutta	

Learning Outcomes:

- Discuss etiology, Symptoms and signs of the disease
- Diagnose the patient on the basis of presenting complaints and clinical examination
- Interpret relevant Investigations and laboratory findings.
- Recognize complications and their management options

6	Introduction to Diabetes -	LGIS	Prof.	MUST KNOW
	Clinical Manifestation and		Muzamil	
	Diagnosis		Jamil	

- Discuss etiology, Symptoms and signs of the disease
- Diagnose the patient on the basis of presenting complaints and clinical examination
- Interpret relevant Investigations and laboratory findings.
- Recognize complications and their management options

7	Hodgkin's Lymphoma	LGIS	Prof. Sohail Iqbal Bhutta	SHOULD KNOW		
Learr	ing Outcomes:		Iquai Dilatta	III (O W		
•	Discuss etiology, Symptoms an	d signs of the dise	ase			
•	Diagnose the patient on the bas	•		nical		
	examination					
•	 Interpret relevant Investigations and laboratory findings. 					
•	Recognize complications and the	<u> </u>	•			
8	Epilepsy	LGIS	Prof. Sohail	MUST KNOW		
			Iqbal Bhutta			
Lear	ning Outcomes:					
•	Discuss etiology, Symptoms an	d signs of the dise	ease			
•	Diagnose the patient on the bas	is of presenting co	omplaints and cli	nical		
	examination					
•	Interpret relevant Investigations	s and laboratory fi	ndings.			
•	Recognize complications and the	neir management	options			
9	Non Hodgkin's Lymphoma	LGIS	Prof. Sohail	SHOULD		
			Iqbal Bhutta	KNOW		
Learr	ning Outcomes:	1 ' C.1 1'				
•	Discuss etiology, Symptoms an	_				
•	Diagnose the patient on the bas	is of presenting co	omplaints and cli	inical		
	examination	111	1.			
•	Interpret relevant Investigations	-	_			
1.0	Recognize complications and the					
10	Disorder of Plasma cells -	LGIS		SHOULD		
	Multiple Myeloma		Muzamil Jamil	KNOW		
Learr	ing Outcomes:		Janin			
Dear 1	Discuss etiology, Symptoms an	d signs of the dise	ease			
•	Diagnose the patient on the bas	_		nical		
	examination	F8	F			
•	Interpret relevant Investigations	s and laboratory fi	ndings.			
•	Recognize complications and the	<u> </u>	•			
11	Chronic Leukemia	LGIS	Prof.	COULD KNOW		
''	Chrome Doukema		Muzamil			
			Jamil			
Lear	Learning Outcomes:					

- Discuss etiology, Symptoms and signs of the disease
- Diagnose the patient on the basis of presenting complaints and clinical examination
- Interpret relevant Investigations and laboratory findings.
- Recognize complications and their management options

12	Blood & blood product	LGIS	Dr. Rifat	MUST KNOW
	transfusion and related		Yasmeen	
	problems			

- Elaborate the generic prerequisites and modes of transfusion.
- Correlate the pathophysiology of blood reactions to the Requirement & safety protocol Follow through
- Outline step by step management of different types of transfusion reactions

Endocrinology

13	Approach to a patient with	LGIS	Dr. Asim Ali	MUST KNOW	
	Anemia		Shah		

Learning Outcomes:

- Differentiate between various types of anemia based on etiology, underlying pathology, symptoms and signs.
- Evaluate the patient on the basis of signs and symptoms and differential diagnosis
- Interpret appropriately ordered laboratory investigation to reach a final diagnosis
- Devise plan for treatment of disease and complications of the condition if it remains untreated
- Monitor treatment of anemia

14	Iron Deficiency Anemia	LGIS	Dr. Asim Ali	MUST KNOW
	·		Shah	

- Discuss etiology, Symptoms and signs of the disease
- Diagnose the patient on the basis of presenting complaints and clinical examination
- Interpret relevant Investigations and laboratory findings.
- Recognize complications and their management options

15	Common Cranial Nerve	LGIS	Dr. Ayesha	Should Know
	Disease		Rani	
earr	ning Outcomes:			
•	Discuss etiology, Symptoms an	d signs of the dise	ease	
•	Diagnose the patient on the bas	is of presenting co	omplaints and cli	inical
	examination			
•	Differentiate among lower mote	or neuron and upp	er motor neuron	lesion based
	on signs and symptoms and pat	hology.		
•	Interpret relevant Investigation	s and laboratory fi	ndings.	
•	Recognize complications and the	neir management	options	
16	Hemolytic Anemia		Prof. Sohail	SHOULD
			Iqbal Bhutta	KNOW
earr	ning Outcomes:			
•	Discuss etiology, Symptoms an	d signs of the dise	ease	
•	Diagnose the patient on the bas	is of presenting co	omplaints and cli	inical
	examination			
•	Interpret relevant Investigation	s and laboratory fi	ndings.	
•	Recognize complications and the	neir management	options	
17	Approach to a patient with	LGIS	Dr. Rifat	Must Know
	Bleeding Disorder		Yasmin	
 Lear	ning Outcomes:			
•	Correlate abnormalities in phys	iology of coagulat	tion with etiolog	y, Symptoms
	and signs of ITP/ Bleeding Disc	orders/ DIC		
•	Devise plan for investigating, d	iagnosing and trea	ating Bleeding d	isorders and
	their complications.			
18	Cerebrovascular Disease	LGIS	Dr. Ayesha Rani	Must Know
Lear	rning Outcomes:			•
•	Classify stroke			
•	Correlate pathophysiology of st	troke to its causes	and risk factors	
•	Outline early evaluation and ma			
•	Emphasize the importance of ea	_	-	mpt reaction
_	Zimpinasize and importance of of		5on and pro	Tr roadion

- Justify the role of thrombolytic therapy and administration of tPA
- Explain the pathophysiology ical basis of Transient Ischemic Attack (TIA)
- Evaluate stroke risk after transient ischemic attack (TIA)

- Order Investigations for diagnosis of stroke
- List the complications of stroke
- Identify various prevention strategies pertaining to stroke
- Outline management of ischemic and hemorrhagic stroke

19	Pyogenic Meningitis	LGIS	Dr. Asim Ali	MUST KNOW
			Shah	

- Discuss etiology, Symptoms and signs of the disease
- Diagnose the patient on the basis of presenting complaints and clinical examination
- Interpret relevant Investigations and laboratory findings.
- Recognize complications and their management options

		Psychiatry		
20	Organic Psychiatric I	LGIS	Dr. Faheem	SHOULD
			Qasim	KNOW

Learning Outcomes:

- Give overview regarding Phenomenology and Psychiatry disorders
- Classify Psychiatric disorders
- Elaborate epidemiological and etiological basis of psychiatric disorders
- Outline diagnostic plan for Psychiatry disorders .

21	Organic Psychiatric II	LGIS	Dr. Fatima	SHOULD
			Amir	KNOW

Learning Outcomes:

- Give overview regarding Phenomenology and Psychiatry disorders
- Classify Psychiatric disorders
- Elaborate epidemiological and etiological basis of psychiatric disorders
- Outline diagnostic plan for Psychiatry disorders

22	Dissociative Disorders	LGIS	Dr. Faheem	SHOULD
			Qasim	KNOW

- Give an overview of dissociative disorders
- Discuss common presentation
- Give management options for these disorders

23	Reactions to Stressful Experiences	LGIS	Dr. Fatima Amir	SHOULD KNOW
Lear	ning Outcomes:			
•	Classify Anxiety Disorders			
•	Discuss the Management of An	xiety Disorders		
		Dermatology		
24	Fungal Infections	LGIS	Brig(R). Naveed	SHOULD KNOW
			Akhtar Malik	TH (O)
Lear	ning Outcomes:			
•	Differentiate between different	fungal infections	of the skin based	on their
	clinical features and	_		
•	Management plan.			
•	Take history of a patient			
•	Perform clinical examination of	f a patient with fur	ngal infections of	f skin
25	Acne Vulgaris	LGIS	Brig(R).	SHOULD
			Naveed	KNOW
			Akhtar Malik	
Lear	ning Outcomes:			
•	Clinically assess Acne vulgaris	1 1.6	1	
•	Diagnose acne vulgaris based o		and investigatio	ns
•	Suggest treatment options for A		- · · · - ·	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
26	Psoriasis and Lichen Planus	LGIS	Brig(R).	SHOULD
			Naveed Akhtar Malik	KNOW
Lear	ning Outcomes:		ARTIMI MUIK	
	Explain the etiology and precip	itating factors		
	Discuss general and specific tre	_	is and Lichen pla	nus
	Describe the role of ultraviolet	•	•	
	Propose systemic treatment of p	-	•	
	<u> </u>	nergency Medicine		
27	Heat Related Illness	LGIS	Dr. Turab F. Abidi	MUST KNOW
Lear	ning Outcomes:			
•	Discuss etiology, Symptoms an	d signs of the dise	ease	
•	Diagnose the patient on the bas	is of presenting co	omplaints and cli	nical

	examination				
•	 Interpret relevant Investigations and laboratory findings. 				
•	Recognize complications and their management options				
28	Envenomation - Snake	LGIS	Dr. Turab F.	MUST KNOW	
	Bite		Abidi		

- Classify Snake bite, based on animal and time duration and type of wound.
- List the immediate management and long term management
- Discuss the antivenom type and dosing and the criteria of administering antivenom
- Enumerate the various complications

29	Approach to a stroke	LGIS	Dr. Turab F.	SHOULD
	patient.		Abidi	KNOW

Learning Outcomes

Classify stroke

- Correlate pathophysiology of stroke to its causes and risk factors
- Outline early evaluation and management of stroke patients
- Emphasize the importance of early symptom recognition and prompt reaction
- Justify the role of thrombolytic therapy and administration of tPA
- Explain the pathophysiological basis of Transient Ischemic Attack (TIA)
- Evaluate stroke risk after transient ischemic attack (TIA)
- Order Investigations for diagnosis of stroke
- List the complications of stroke
- Identify various prevention strategies pertaining to stroke
- Outline management of ischemic and hemorrhagic stroke

Learning Resources:

1. Reference books:

- a. Davidson's Principals & Practice of Medicine 23th EditionElsevier
- b. Current Medical diagnosis & treatment (Latest Edition 2022)

2. Online resources

a. www.medscape.com

3. Library resources

a. Harrison's Principles of Internal Medicine 20th Edition (2018).McGraw Hill Education

Teaching faculty

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Assessment formats:

Assessment Strategies (Formative)	Assessment Strategies (Summative)
In class discussions	Practical Clinical Exam
SGD	(Short & Long Cases)
	MCQs at the end of block

Surgery

Learning Outcomes:

At the end of this block, final year student will be able to:

- 1. Describe the common surgery related, cardiovascular diseases and their clinical presentation; and outline the basic principles of their management. (SLO 1,2,3,4)
- 2. Discuss the common gastrointestinal pathologies and Rationalize appropriate management plans. (SLO1,3,4)
- 3. Diagnose the common and Outline the management upper/Lower limb fractures (SLO 2,3,4,5)
- 4. Describe principles and types of Anesthesia.
- 5. Describe principles of trauma management.
- 6. Describes common neurosurgery related cases & their management

(Details of skill related Outcomes can be found in surgery Logbooks.

Know Know Know)

- Differentiate between types of parapneumonic abscess on the basis of etiology.
- Generate differential diagnosis of empyema thoracic
- Explains the role of radiographic, endoscopic and laboratory evaluation in the diagnosis.
- Devise a proper management plan including pharmacotherapy and need for surgical intervention.
- Discuss the complications of disease and of surgical procedures for empyema thoracic.
- Propose postoperative follow up plan for the patient.

3.	Abdominal trauma I	LGIS	Assoc. Prof. Dr. Naeem Akhtar	`		
Learni	ng Outcomes:					
	Discuss the mechanism of injur	y and clinical p	resentation of differen	it type of blunt		
	abdominal injuries					
	Enlist the common organ injuri	es in blunt abdo	ominal trauma			
	Outline the basic principles of a					
4.	Abdominal trauma II	LGIS	Assoc. Prof. Dr.			
			Naeem Akhtar			
Learni	ng Outcomes:					
	Discuss the mechanism of injur	y and clinical p	resentation of differen	it type of		
	penetrating abdominal injuries	1		71		
	Enlist the common organ injuri	es in penetrating	g abdominal trauma			
	Outline the basic principles of a					
5.	Ruptured diaphragm,	LGIS	Prof. Dr. Naeem			
	Extremity trauma		Ashraf			
Learni	ng Outcomes:					
• [Describe the physiology respor	ise to injury.				
	State the principles of surgical		nulti injured patient. D	ifferentiate		
b	etween primary and secondary	y surveys.				
• I	Define triage and its importanc	e.				
• S	• State the importance of analgesia in the management of the patients.					
6.	Arterial Disorders		Prof. Dr. Naeem			
			Ashraf			
Learni	ng Outcomes:					
 Identify clinical manifestations and etiology of acute limb ischemia. 						
 Relate the major risk factors to the etiology and pathophysiology of acute limb 						
i	ischemia.					
 Suggest appropriate investigations to make the diagnosis. 						
 Discuss the medical and Surgical management of acute limb ischemia. 						
 Plan appropriate nursing care for the patient of acute limb ischemia. 						
• Elaborate significance of baseline glycemic control required for surgical procedure.						
	 Discuss the complications of diabetes mellitus in surgical patient. 					
 Identify the signs and symptoms of uncontrolled DM in patients. 						
 Develop pre-op, and post-op management plan for a diabetic patient. 						
7.	Venous Disorders	LGIS	Prof. Brig (R).			
			Dr. Muhammad			
			Parvez			
Learning Outcomes:						
 Elaborate clinical presentation, etiology and pathophysiology of varicose veins. 						

Suggest differential diagnosis based on assessment of patients. • Classify varicose veins. • Rule out the diagnosis of DVT using appropriate investigations. • Suggest conservative or surgical management of varicose veins where indicated. **Lymphatic Disorder** Prof. Brig(R). Dr. 8. **LGIS** Muhamamd Parvez **Learning Outcomes:** Describe the pathogenesis and natural history of disease. • Select appropriate diagnostic tools to interpret the results. • Identify the patient's problems using appropriate clinical examination and radiological studies. • Apply evidence based decision making for the management of the patient. • Manage patient with lymphatic obstruction Plastic, Reconstructive Asstt. Prof. Dr. 9. **LGIS Munawer Latif** Smg+ flaps **Learning Outcomes:** • Describe different types of skin flap & indication Disaster surgery, triage Prof. Brig (R). Dr. 10. **LGIS** damage control surgery **Mannan Masud Learning Outcomes:** • Describe principles of triage & damage control surgery Stomach and stomach **LGIS** Professor Dr. 11. **Mannan Masud** care **Learning Outcomes:** • Discuss the causes, the presenting complaints & the warning signs of CA stomach. • List the investigations needed to diagnose the case. • Describe the staging and grading of cancer. • Describe the management plan for the patient with Ca stomach. Oncology, Screening, risk 12. **LGIS** Assoc, Prof. Dr. factors, prevention Muhammad **Azhar Learning Outcomes:** • Discuss the principles of prevention & screening **LGIS** Asstt. Prof. Dr. 13. Radiotherapy, chemotherapy Sadia Farhan **Learning Outcomes:** • Describe principles of radio / chemotherapy

14.	Surgical Skills , sutures, anastomosis, staplers	LGIS	Assoc. Prof. Dr. Muhammad Azhar	
Learn	ing Outcomes:			
•	Describe different variety of su	itures & their in	dication in surgery	
Anaesthesia				
15.	Analgesia, Narcotics & Perioperative pain management	LGIS	Prof. Brig (R). Dr. Imran ul Haq	
16.	Post operative Care, Recovery from anesthesia	LGIS	Prof. Brig (R). Dr. Imran ul Haq	
17.	ICU & Essential monitoring, ventilator care	LGIS	Prof. Brig (R). Dr. Imran ul Haq	
18.	Interpretation of arterial blood gasses/ indication of ventilatory support	LGIS	Prof. Brig (R). Dr. Imran ul Haq	

- Differentiate between different techniques of anesthesia and airway maintenance.
- Elaborate the methods of providing pain relief.
- Devise a plan for management of chronic pain and pain from malignant disease.
- Relate different types of pain to its pathophysiology .
- Outline various methods for pain relief in benign and malignant disease.
- Discuss the various methods used for pain relief in different diseases

Neurosurgery				
19.	CNS Tumors	LGIS	Asstt. Prof. Dr.	
			M. Mehboob	
			Alam	

Learning Outcomes:

- Sate relative incidence and location of the major types of primary and secondary brain tumors and space occupying lesions.
- Differentiate brain tumors based on their locations: Cerebellum, brainstem and pituitary etc.
- Describe the surgical indications for the most common benign and malignant tumors and also space occupying lesions of brains.
- List the major differences between the diagnosis and management of brain tumors and abscesses.

20.	Cervical + Lumbar disc prolapsed/ Backache	LGIS	Asstt. Prof. Dr. M. Mehboob	
			Alam	
Loorni	I garning Outcomes			

- Relate functional anatomy of mechanisms for pain production.
- Differentiate between different types of low back pain based on signs and symptoms.
- Develop a management plan for a patient with lower back pain.
- Justify physical therapy as management options.

21.	6. Spinal Injuries /	LGIS	Asstt. Prof. Dr.	
	Peripheral nerve injuries		M. Mehboob	
			Alam	

- Differentiate between compression and laceration in nerve injury on the basis of pathology presentation.
- Identify historical and current concepts of sensibility retraining in nerve injury.
- Identify common nerve palsies, rehabilitation phases, treatment approaches and associated problems.
- Discuss common nerve compression syndromes, anatomical features, provocative tests, differential diagnosis and therapeutic interventions

Radiology				
22.	Imaging of Hepatobiliary	LGIS	Assoc. Prof. Dr.	
			Nadia Gull	
23.	Imaging of genitourinary	LGIS	Assoc. Prof. Dr.	
			Nadia Gull	
24.	Imaging of neuroradiology	LGIS	Assoc. Prof. Dr.	
			Nadia Gull	
25.	Imaging of Chest	LGIS	Assoc. Prof. Dr.	
			Nadia Gull	

Learning Outcomes:

- Demonstrate knowledge, clinical and technical skills and decision- making capabilities with respect to diagnostic imaging pertinent to the practice of general surgery
- State the basic principles of radiation protection and law in relating to use ionizing radiation
- Justify use of relevant imaging techniques in various clinical scenarios reference to advantages and disadvantages.
- Differentiate between normal and pathological findings of Chest X Ray.
- Differentiate between normal and different pathological conditions on x-ray.

Learning Resources:

1. Reference Books

• Bailey & Loves, Norman brows, clinical method, Anesthesia for medical students & Chapman & Nakielny's Aids to radiological differential Diagnosis.

2. Online Resources

• Zoom/ G Class Room

3. Library resources

Teaching Faculty:

reaching ruedicy.	
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Assoc. Prof. Dr. Nadia Gull	

7. Rules & regulations:

I. Student's code of conduct

The Student Code of Conduct sets out the standards of conduct expected of students. It holds individuals and groups responsible for the consequences of their actions. Failure to fulfill these responsibilities may result in the withdrawal of privileges or the imposition of sanctions.

Wah Medical College is a community of students, faculty and staff involved in learning, teaching, research and other activities. All members of WMC community are expected to conduct themselves in a manner that contributes positively to an environment in which respect, civility, diversity, opportunity and inclusiveness are valued, so as to assure the success of both the individual and the community. The Student Code of Conduct reflects a concern for these values and tries to ensure that members of the WMC can make use of and enjoy the activities, facilities and benefits of WMC without undue interference from others.

WMC student code of conduct

- Discipline
- Decent dress
- Good Manners
- Smart Turn Out
- Healthy Activities
- No smoking
- No Abusive Language
- Cooperative Attitude
- Respect for All

II. Attendance policy:

- a. Students are required to mark attendance for every class.
- b. The attendance is compiled by the respective department and submitted to student affairs by the 10th of each month.
- c. The Students Affair Department will compile the absent report and a fine of Rs. 500/- for a lecture or for the whole day will be imposed on absent students. It is pertinent to mention here that a fine is imposed on students to compel them to attend classes regularly and not to generate the funds.
- d. A compiled attendance state of all students along with those having attendance less than 75% duly highlighted will be submitted to the Students Affairs Department on monthly as well as quarterly basis by the concerned departments.
- e. At the end of the academic year, a consolidated state of attendance of students will be submitted to the Students Affair Department.
- f. Departments will submit the list of those students having attendance less than 75% at the end of academic year.
- g. Admission forms of students having attendance less than 75% will NOT be submitted to NUMS for appearing in Annual University Exams.

8. Study tips

Dear Students,

Becoming a doctor is a tough job, but you can make it easier for yourself by adopting some time-tested techniques or habits. It's never too early – or too late – to develop good study habits. The sooner you get into a good self-study pattern, the easier everything will be and the more your chances of getting good marks will improve. Here are our top tips for getting the most out of your self-directed study time. And remember Perseverance is the Key to Success!



9. Feedback on the study guide

We value your feedback and will use it for improvement of this Study guide. Kindly provide feedback for this study guide. At the email:

dme@wahmedicalcollege.edu.pk
dmewahmedicalcollege@gmail.com

10. References:

HARDEN, J.M. LAIDLAW, E.A. HESKETH, R. M. (1999). AMEE Medical Education Guide No 16: Study guides-their use and preparation. *Medical Teacher*, 21(3), 248–265. https://doi.org/10.1080/01421599979491

