



WMC

Wah Medical College

www.wahmedicalcollege.edu.pk
The Mall, Wah Cantt, 47040, Pakistan

ISO 9001, ISO 14001 & OHSAS 18001 Certified



ANNUAL REPORT

2022

CONTENTS

Sr. No	Contents	Page No
1	Message by the Principal	1
2	Message by the Dean	2
3	Vision & Mission	3
4	Introduction to the College	4
5	Organogram	5
6	Facilities Available	6
7	Programs Offered	8
8	Academic Results- 2022	10
9	Publications 2022	11
10	Board Of Studies	15
11	Community Awareness Activities	17
12	Faculty Development Program	19
13	10 th Convocation	20
14	Sports Week 2022	22
15	Farewell to Deputy Commandant POF Hospital	24
16	Lecture On Environmental Awareness:	25
17	Intercollege Competition 2022	26
18	Inspection of Hostels	27
19	White Coat Ceremony 2022	28
20	Workshop On Electrocardiography (ECG)	29
21	Workshop On Ethical Reasoning in Emergency Healthcare)	30
22	Workshop on Ethical Reasoning in Emergency Healthcare	31
23	Workshop on “How to mentor Medical Students”	32

MESSAGE BY THE PRINCIPAL

With great honour, I announce the past year was outstanding for our esteemed institute. Year 2022 collects many accomplishments that reflects the hard work and dedication of faculty and staff. We saw significant progress by introducing Allied Health Sciences Institute and enhancement of seat for MBBS annual session.

The **Report** provides an overview of the education, training, patient care, research, and community outreach efforts of the college. We are thankful to everyone who contributed to the achievements of the past year as we work together to fuel the growth of the institute. Since the inception, the college has grown leaps and bounds in all areas of its mission.

The college is striving hard to bring the academic standards up to the international standards. We understand that the true measure of an educational institute is not just to gain academic excellence but also to nurture creativity, individuality and leadership in the students while striving for quality in teaching and learning. Students are encouraged to participate in co-curricular activities. These activities provide students a platform to become involved and interact with each other, thus leading to increased learning and enhanced development. Wah Medical college focuses on student life and learning, research and innovation, community engagement and quality patient care. We act on our deep responsibility to use our knowledge to serve that world.

I look forward to another year of incredible growth at Wah Medical College, and the energy of our unyielding spirit to benefit the community by resolving the health care challenges and providing quality education.



**Principal
Wah Medical College
Wah Cantt**

MESSAGE BY THE DEAN

It is an honor for me to present the Annual Report of the academic performance of Wah Medical College for the year 2022.

This institute has a history of upholding tradition of merit, obligation, and perseverance. This report reflects the academic accomplishments as well as co-curricular activities of the given year. The students did their utmost to uphold the stellar canons set by previous years by attaining highest positions at the university level as well as exceptional performances in the post graduate examinations both at national and international level. This institution has always aimed at inculcating values in its students such as compassion and empathy and helping them in becoming exceptional health leaders.



Wah Medical College endeavors to make available an environment conducive premium learning opportunities to its students. Amongst our greater achievements is the recruitment of the most dedicated and distinguished faculty who not only strive to enrich the educational environment provided by Wah Medical College but to further its prime objective of providing training to the best of their abilities. For the team at Wah Medical College, there is a constant effort to keep up with tallest standards by utilizing innovative and state-of-the-art teaching techniques to expand the horizons of learning, for a better future.

Wah Medical College feels honored to be a part of vigorous community-based health care projects as is visible in the last year's performance. Our students take keen interest in the community outreach activities to cater for the health-related issues faced by the community and relevance of their learning experience. Such practices are, infact, steppingstones for enhancement of the standards of health care provision at local, national, and international levels.

Wah Medical College ensures the highest quality of medical education, research and health care and looks forward to providing a dynamic state-of-the-art educational experience in the years to come. I expect Wah Medical College and its teaching hospital to set and uphold superior standards for educational excellence in future.

**Prof. Dr. Musarat Ramzan,
Dean
Wah Medical College
Wah Cantt**

VISION

Vision of NUMS

National University of Medical Sciences envisions a world with a better quality of life for all by enhancing our contribution to healthcare, education, innovation and research.

Vision of WMC

To become a top-ranking medical college of the region that provides state of the art futuristic medical education and health care in pursuit of regional development initiative, applied research & advancement.

MISSION

Mission of NUMS

The university will endeavour to improve existing Knowledge, and practices in the fields of medical and allied life sciences; both pure and applied, including fields of biomedical engineering and technologies, veterinary, biogenetic, social and behavioural sciences through innovative and creative approaches in order to offer best possible services to the society and humanity at large.

Mission of WMC

To produce competent medical professional graduates equipped with sound knowledge & research capabilities based on scientific principles, imbued with ethics and moral values primed to serve the community through the profession and pursue research & advanced training in any branch of medicine.

PROGRAMME LEARNING OUTCOMES OF MBBS PROGRAM

At the end of our five years MBBS program, the graduate should be able to:

1. Independently manage common, non-critical clinical problems.
2. Assist in the management of critically ill patients & demonstrate competency in life saving procedures.
3. Exhibit the attributes of an ethical professional.
4. Conduct research which brings relevance to health care practices.
5. Act as an efficient community health promoter
6. Exhibit scientific knowledge in all professional activities.
7. Demonstrate clear and efficient written & verbal communication skills.
8. Exhibit the habits of a lifelong learner.

INTRODUCTION TO THE COLLEGE

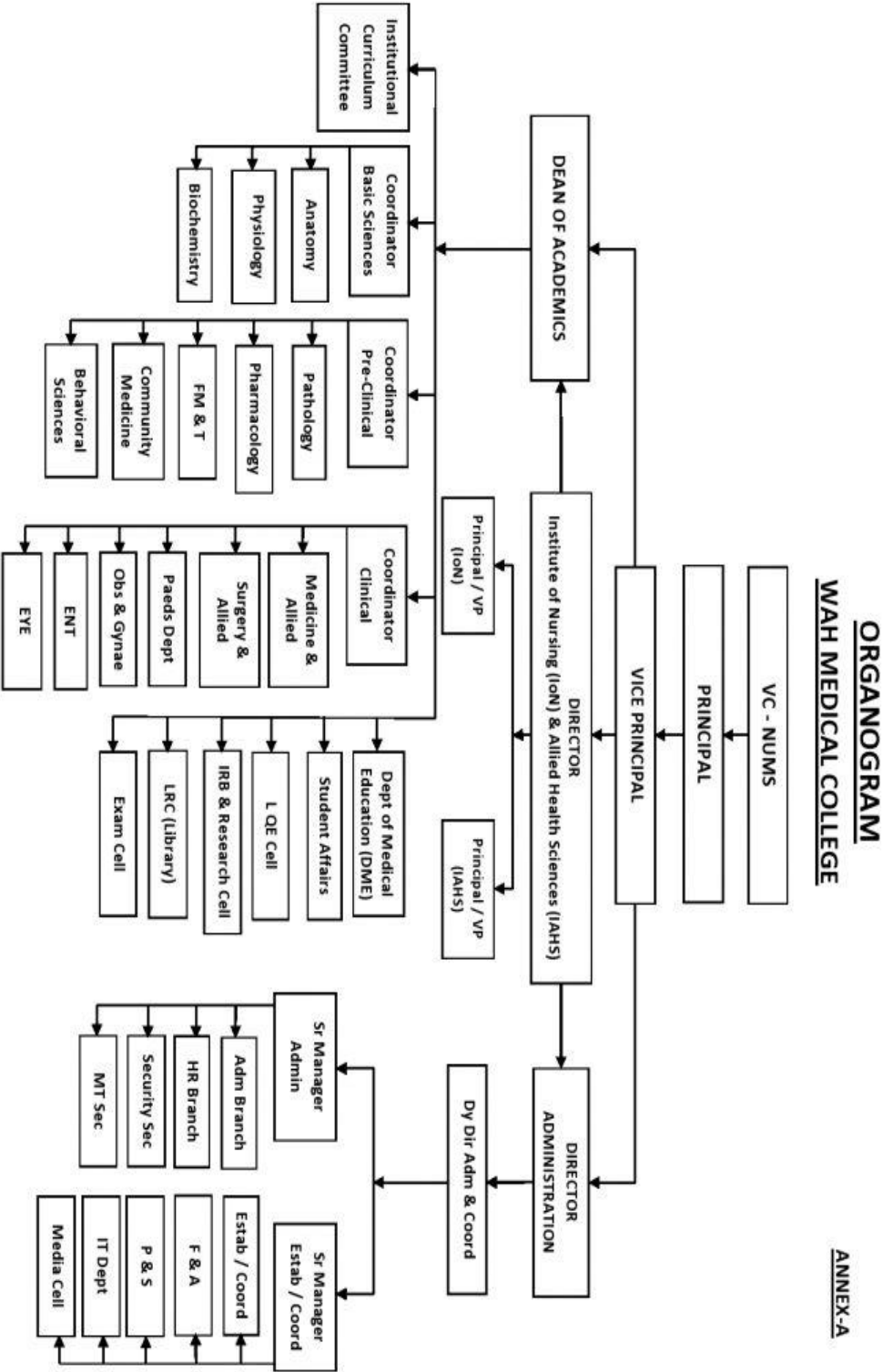
Located on the Mall road of Wah Cantonment, adjacent to the entrance while approaching from Islamabad, a sprawling institute equipped with state of the art teaching/training facilities stands proudly. It is Wah Medical College.

It is part of a composite Medical Education Program, undertaken by the POF (Pakistan Ordnance Factories) Welfare Trust, Wah. POF Hospital is the teaching hospital of WMC. It is a 648 bedded tertiary care hospital recognized by the Pakistan Medical Commission (PMC) and College of Physicians and Surgeons Pakistan (CPSP) for undergraduate as well as postgraduate clinical training. It is also registered with the World Health Organization (WHO), General Medical Council-UK (GMC-UK), *Educational Commission for Foreign Medical Graduates-USA* (ECFMG-USA) and is included in the list of World Directory of Medical Schools.

In the year 2003 the already existing health care facilities provided an excellent base for setting up a medical college. A strong infrastructure for the college was set up and the first batch of 100 students joined WMC with full confidence and embarked on the academics in January 2004. Since its inception, the College has been approved by the PMC and remained affiliated with the University of Health Sciences (UHS) Lahore which is a public sector University, till 2016. Now the college is affiliated with National University of Medical Sciences (NUMS). Thirteen batches have been graduated so far. In December 2021, WMC achieved a milestone of induction of 150 students in MBBS program.



ORGANOGRAM



FACILITIES AVAILABLE

To look after the needs of tomorrow, the Project Management Board constructed the college campus on a vast piece of land adjacent to the teaching hospital.



To meet the academic needs of the learners, the college is divided in three divisions.

The Basic Medical Sciences Division comprises of the Departments of Anatomy, Biochemistry and Physiology. All the departments are headed by well learned Professors, respective academic teams and equipped with all the necessary teaching aids.

The Pre-Clinical Medical Sciences Division includes the Departments of Pathology, Community Medicine, Pharmacology and Forensic Medicine. Again all the departments are headed by highly reputed Professors, host highly learned faculty and state of the art teaching facilities.

The Clinical Division comprises of two subdivisions i.e. Medical division and Surgical Division. The former includes the Departments of General Medicine, Pediatrics Medicine, Emergency Medicine, Dermatology and Psychiatry. These departments are also headed by highly experienced and reputed clinicians. The well versed teams of doctors are engaged in imparting medical training along with the provision of safe health care to the patients. It is strengthened further with the facilities like ICU, CCU, Endoscopy, Dialysis, Nephrology, Plastic Surgery & Burn Centre, Emergency Medicine and Physical Rehabilitation.

The Surgical subdivision comprises of the Departments of General Surgery, Orthopedics, Neurosurgery, Urology, Plastic Surgery, Gynecology & Obstetrics, Anesthesiology, Ophthalmology, Otorhinolaryngology and Radiology headed by eminent clinicians. All the departments comprise of capable doctors and the equipment needed for a tertiary care Health Institution.

Salient Features

- Land - 200 Kanals
- Academic Block houses :
 - Basic Medical Sciences Departments
 - Pre-Clinical Departments



- Medical Education Department
- Lecture Halls
- Tutorial / Seminar Rooms
- Skills Lab
- Examination Hall
- Library
- Computer Lab
- College Secretariat
- Student Affairs Department
- Book Shop
- Cafeteria
- Auditorium
- Amphitheatre
- Sports facilities
- Solar Park
- Masjid
- Transport Facilities
- Hostels with dining facilities
 - Jinnah Hostel for boys
 - Fatima Hostel for girls



Hostel Facility

Fatima Hostel

Wah Medical College has a girls' hostel within the campus with exclusive living and catering services. The hostel is supervised by two resident lady wardens and it has round the clock security arrangements.

Jinnah Hostel

For male students, a hostel with high class living and catering services has been established which has all the facilities to look after the comfort and recreational requirements of the boarders.



PROGRAMS OFFERED

- **MBBS**

The MBBS (Bachelors of Medicine and Bachelors of Surgery) is a highly professional undergraduate degree which primarily focuses on the curriculum and aligned objectives required for the preparation of career as a clinician. It takes five years to graduate with an MBBS degree.

Wah Medical college inception took place in 2003. Wah Medical College inducts 100 students each year. The pioneer batch graduated in 2009 and so far 12 graduate batches have out passed. More than 1000 graduates are serving nationally and internationally and putting their contribution to patient care.



Institute of Nursing

Wah Medical College established its Institute of Nursing in January 2015. The mission of the Institute is to provide state-of-the-art nursing education and training to produce professional nursing graduates who are committed, caring, competent and able to facilitate individuals, families and communities in meeting their health care needs with advance technology supported with scientific knowledge. Institute of Nursing inducts 35 students each year. The institute is known for having:

- Registration with the Pakistan Nursing Council for two degree programs (Generic BScN & Post RN Degree Program)
- Qualified and competent nursing faculty members
- Career opportunities for its graduates in the POF Hospital (Full time job, mentorship, Internship for all the nursing students)

Institute of Allied Health Sciences

Wah Medical College established its Institute of Allied Sciences in August 2021. The mission of the Institute is to produce competent professional allied health graduates, equipped with sound knowledge based on scientific principles, imbued with ethics and moral values primed to serve the community through diagnostic & curative services, rehabilitation, and expertise by assisting physicians and surgeons and hence contributing to help improve quality of life of the community. Institute of

IAHS inducts 25 students for MIT and 25 students for MLT & 25 Students for AD-BTM. This institute affiliated with FBlSE for MIT and MLT courses and with NUMS for AD-BTM. The institute aims to produce skilled and professionally sound manpower in preventive, diagnostic, curative and rehabilitative services to community.

- **Postgraduate Training Programs**

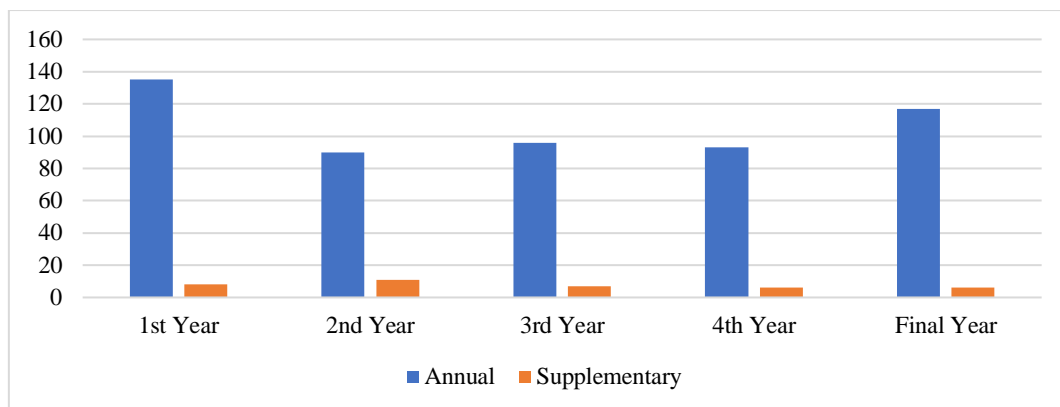
Wah Medical College is recognized for post graduate training in multiple preclinical & clinical departments. Following specialties at the institute are recognized for Postgraduate Training.

S. No	Specialty	Degree awarded
1.	Community Medicine	MCPS, FCPS
2.	Microbiology	FCPS, MCPS
3.	Emergency Medicine	FCPS
4.	General Surgery	FCPS
5.	Medicine	FCPS
6.	Diagnostic Radiology	FCPS
7.	Anesthesiology	FCPS
8.	Obstetrics & Gynecology	FCPS, MCPS
9.	Ophthalmology	FCPS
10.	Orthopedic Surgery	FCPS
11.	Oto-Rhino-Laryngology	FCPS
12.	Pediatrics	FCPS
13.	Urology	FCPS

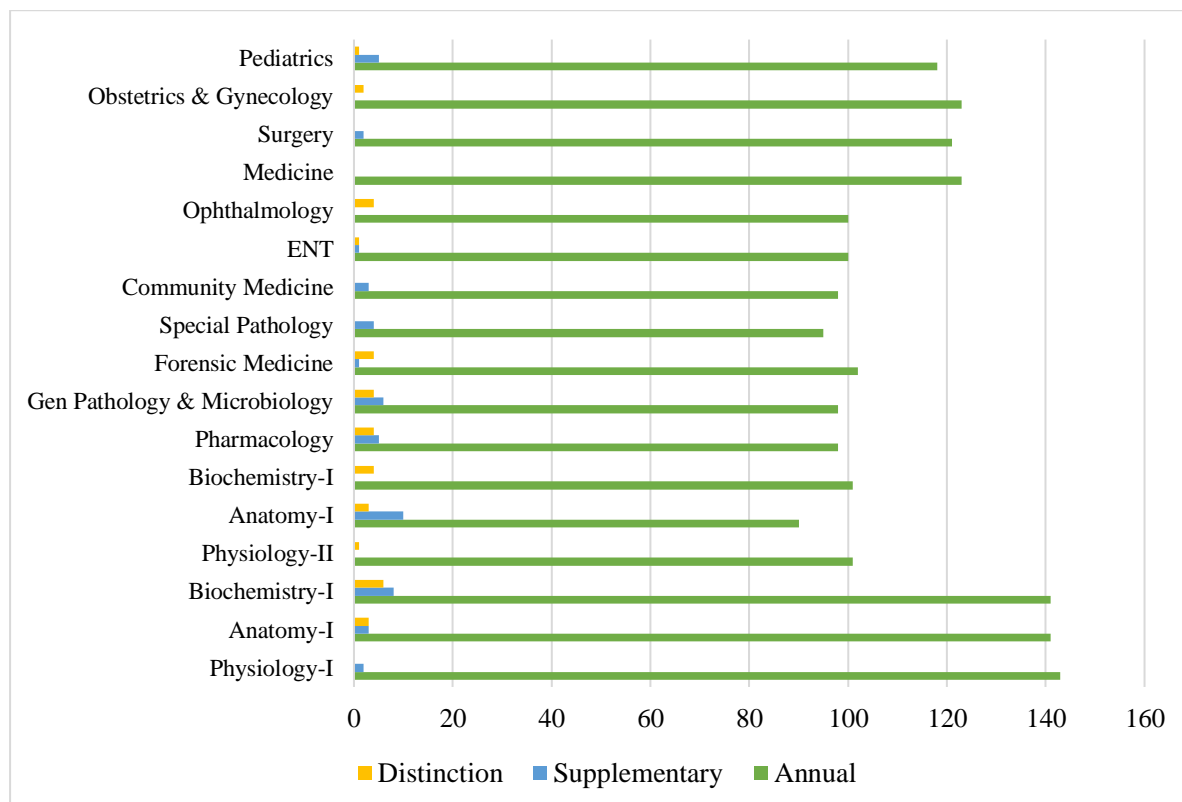
ACADEMIC RESULTS YEAR 2022

Another Feather in WMC's cap

Dr. Saqib Nasir from 13th batch of Wah Medical College was awarded with gold medal by University of Health Sciences in its 3rd convocation. His gold medal recognizes the commitment of Wah Medical College towards exemplary academic standards.



PROFESSIONAL EXAM RESULTS YEAR WISE 2022



PROFESSIONAL EXAM RESULTS SUBJECT WISE 2022

Publications 2022

Sr. No	Name	Department	Publications	Author Status	Journal	Total
1.	Dr. Ayesha Yaseer	Anatomy	Changes of Testicular Histogenesis during Prenatal and Early Postnatal Life in Bisphenol A Exposed Rats by Ascorbic Acid.	4 th	Journal of Rawalpindi Medical College, 26(3), pp.455-460	1
2.	Dr. Anas Khalil, Dr. Zahid Mahmood,	Biochemistry	Effects of Physiological and Biochemical Changes in Females Regarding Obesity	2 nd & 3 rd	Pakistan Journal of Medical & Health Sciences Vol. 16 No. 08 (2022)	3
3.	Dr. Rabbiah Manzoor Malik		Online assessments during COVID-19 pandemic-A paradigm shift in educational strategy.	4 th	Journal of Rawalpindi Medical College, 26(2), pp.295-300.	
4.	Dr. Rabbiah Manzoor Malik		Prediction of Secondary and Tertiary Structure and Docking of Rb1WT And Rb1R661W Proteins.	3 rd	Current Biotechnology, 11(1), pp.71-85	
5.	Dr. Robina Mushtaq, Dr. Ambreen Ansar	Community Medicine	Duration and Glycemic Control Affect the Outcome.	1 st	<i>Journal of Islamic International Medical College (JIIMC)</i> , 17(1), pp.41-45	3
6.	Dr. Saleh Ahmed, Dr. Khola Waheed Khan, Dr. Sadia Nadeem		Assessment of knowledge regarding hand hygiene among healthcare workers at a cantonment-based public sector hospital in Pakistan.	1 st , 2 nd & 4 th	Biomedica - Volume 38(3):173-176	
7.	Asad Elahi		Water quality assessment of alpine glacial blue water lakes and glacial-fed rivers.	2 nd	<i>Geomatics, Natural Hazards and Risk</i> , 13(1), pp.2597-2617	

8.	Dr. Ambreen Ansar, Dr. Robina Mushtaq Rizvi.	Medical Education	Developing consensus on content & format of e-portfolio for MHPE students: a Delphi study.	1 st	<i>Journal of the Pakistan Medical Association</i>	2
9.	Dr. Ambreen Ansar		Problems in Physician-Patient Communication: What do our Students See and Hear? A Qualitative Study with a Pragmatic Approach.	5 th	<i>Annals of King Edward Medical University</i> , 28(2).	
10.	Dr. Asim Ali Shah & Dr. Farina Asim	Medicine Pathology	Prediction of Covid-19 infection severity using ABO blood group types and Rh factor.	1 st & 3 rd	Pakistan Journal of Medical Sciences, 38(7).	1
11.	Dr. Kinza Aslam	Obstetrics and Gynaecology	Comparison of vaginal versus sublingual misoprostol in the treatment first trimester missed miscarriage.		Journal of the Society of Obstetricians and Gynaecologists of Pakistan, 12(4), pp.304-308.	1
12.	Major Haroon Sarfaraz	Ophthalmology	Effect of Intravitreal Anti-Vascular Endothelial Growth Factor Injection on Intraocular Pressure and Systemic Blood Pressure.	4 th	Pakistan Armed Forces Medical Journal, 72(3), pp.975-79.	5
13.	Major Haroon Sarfaraz		Therapeutic Efficacy of Topical Olopatadine 0.1% Versus Ketotifen Fumarate in Allergic Conjunctivitis..	2 nd	Pakistan Armed Forces Medical Journal, 72(1), pp.16-19	
14.	Major Haroon Sarfaraz		Efficacy of Timolol Maleate (0.5%) in Preventing Rise of Intraocular Pressure (IOP) Post Neodymium: Yttrium	3 rd	Pakistan Armed Forces Medical Journal, 72(128).	

			Aluminum Garnet (Nd: YAG) Capsulotomy.			
15.	Major Haroon Sarfaraz		Effectiveness of Intralesional Triamcinolone Acetonide (TA) and Incision and Curettage (I & C) for Chalazia.	2 nd	Pakistan Armed Forces Medical Journal, 72(2), pp.431-34.	
16.	Dr. Asma Aftab		Role of Agile Leadership in Managing Inter-Role Conflicts for A Satisfying Job and Life During Covid-19 in VUCA world.	4 th	Frontiers in Psychology, p.6354.	
17.	Dr. Ayesha Afzal		Role of lidocaine and its effect on postoperative outcomes in abdominal cholecystectomy.		<i>Journal of the Pakistan Medical Association</i>	
18.	Dr. Ayesha Afzal & Dr. Saima	Pharmacology	Efficacy of Melatonin and Pentoxifylline combination therapy in treatment of endotoxin induced hepatic dysfunction in white albino mice.	1 st & 4 th	Journal of Rawalpindi Medical College, 26(1), pp.11-18.	3
19.	Dr. Ayman Zafar		Intra-Articular Piroxicam And Triamcinolone In A Rat Model Of Osteoarthritis; Elevation And Comparison Of Chondroprotective Efficacy.	5 th	J Ayub Med Coll Abbottabad, 34(1).	
20.	Dr. Hina Umair	Physiology	Frequency of JAK2 and MPL Mutation in BCR/ABL Negative Myelofibrosis in KPK.	3 rd	Journal of Rawalpindi Medical College	2
21.	Dr. Somia Iqbal, Dr.		Heart rate variability - A Predictive tool for analysis of autonomic	1 st – 5 th	Esculapio - Volume 18, Issue 03 2022	

	Sumaira Iqbal, Dr. Sumera Gul, Dr. Atayyab Shaukat & Dr. Komal Saher		dysfunction in COVID-19 vaccinated individuals			
22.	Dr. Sohail Ahmed	Surgery	Analysis of Otorhinolaryngological Manifestations in Patients Diagnosed with Traumatic Brain Injury.	3 rd	<i>Pakistan Journal of Medical & Health Sciences, 16(09), pp.569-569.</i>	1

Members of Board of Studies—2022

S.No.	Name	Designation
1.	Maj. Gen. Prof. Dr. Abdul Khaliq Naveed (Retd) HI(M)	Principal/HOD Biochemistry & Chairman BoS.
2.	Prof. Dr. Musarat Ramzan	Dean & HOD Community Medicine
3.	Prof. Dr. Zubia Athar	HOD Anatomy
4.	Prof. Dr. Syed Touqeer Abbas	Prof. of Biochemistry
5.	Brig. ® Prof. Dr. Imran Ul Haq	HOD and Prof. Anesthesia
6.	Prof. Dr. Sohail Iqbal Bhutta	Professor of Medicine
7.	Prof. Dr. Sajid Ejaz Rao	HOD Orthopedics
8.	Prof. Dr. Muhammad Akmal Khan	HOD and Prof. Ophthalmology
9.	Prof. Dr. Mehreen Mehdi	HOD and Prof. Gynae & Obs
10.	Prof. Dr. M. Naeem Ashraf	Prof. of Surgery / Clinical Coordinator
11.	Prof. Dr. Muhammad Iqbal	Prof. of FM&T
12.	Prof. Dr. Shehzadi Sabah Imran	Prof. of Community Medicine
13.	Prof. Dr. Maj. (R) Khalida Ajmal	HOD Pharmacology
14.	Prof. Dr. Humera Rani	Prof. of Gynae and Obs Unit III, IASH
15.	Prof. Dr. Uzma Shahid	Prof. of Anatomy
16.	Brig. ® Prof. Dr. Tariq Masood Malik	HOD Pathology
17.	Prof. Dr. Jamila	Prof. of Hematology/Pathology
18.	Brig. ® Prof. Dr. Mannan Masud	Prof. of Surgery
19.	Brig. ® Prof. Dr. Mobasher Ahmed	Prof. of Anesthesia
20.	Dr. Sohail Ashraf	Associate Prof. Pediatrics
21.	Dr. Sumaira Iqbal	Associate Prof. Physiology
22.	Dr. Huma Sharif	SMO ENT
23.	Dr. Ambreen Ansar Assist. Prof.	HOD Medical Education
24.	Zunaira Naveed	HOD Behavioral Sciences
25.	Cdr. Mubashir Nawaz Warraich, TI (M) (Retd)	HOD LQEC/ Director Student Affairs
26.	Lt. Col. M. Imran Minhas (Retd)	DD Admin
27.	Prof. Dr. Babur Rashid Chughtai	Secretary BoS, HOD FM & T
28.	Dr. Muhammad Kashif	Lecturer FM & T
29.	Dr. Muhammad Usman Khan	Lecturer FM & T
30.	Section in charges from all admin departments	Admin Departments
31.	Dr. Ayesha Khalid	House Officer
32.	Dr. Bilal Naveed	House Officer
33.	Muhammad Waqas	CR 3 rd year MBBS
34.	Iqra Altaf	GR 3 rd year MBBS

MINUTES OF MEETING OF BOARD OF STUDIES MEETINGS—2022

1. **71st Board of Studies Meeting (21-4-22):**
 - i. Decision on participation of DME in Pre-hoc and post-hoc meetings
 - ii. Up-gradation of computers of all departments.
 - iii. Issuance of timetables of all the classes will be done by the respective Coordinators.
 - iv. Revised AER Performa to be sent to all HODs for evaluation/amendments if required.
2. **72nd Board of Studies Meeting (23-6-22):**
 - i. Inclusion of Infection Control & Patient Safety hours in Blueprint of ward test/ OSCE and Block exam.
 - ii. Assessment and management of idiosyncratic behavior of students will be made by the Behavior Sciences/ Psychiatry department for further management.
 - iii. Decision on renaming of the WMC cohorts both as WMC 1, 2, 3 as well as 2017/18 etc. onwards for the more clarity of record keeping.
3. **73rd Board of Studies Meeting (24-8-22):**
 - i. Continuation of previous policy for Remuneration of P.O.F Hospital faculty
 - ii. Decision of writing a letter to GMC for change of university from UHS to NUMS for PLAB registration
 - iii. Decision and planning regarding early clinical exposure from both 1st and 2nd years students.
 - iv. Approval of clerkship by the Board of Studies for final year class considering NUMS curriculum.
 - v. Upgradation of skill lab as per need of clinical subjects.

Community Awareness Activities—Breast Cancer Awareness Campaign- Pink Ribbon

Health Awareness Cell of Community Medicine Department led a Youth Awareness Campaign for Breast Cancer in October, 2022 under the supervision of Prof. Dr. Musarat Ramzan. It included the following activities.

- Awareness talk on Breast cancer prevention among students, faculty and staff of Institute of Nursing and Institute of Allied Health Sciences was delivered. In these sessions the importance of Breast Self-Examination and its performance was demonstrated.



- In a Radio Broadcast at University of Wah, a talk on Breast Cancer Prevention was delivered for general public awareness.



- Newsletters and pamphlets were distributed for general public information.
- Ribbons were distributed to the students for showing support against breast cancer.
- Banners related to breast cancer awareness were also displayed at different places.

Community Awareness Activities—Workshop On Dengue Prevention and Control

In the wake of surge in Dengue cases in Pakistan, the Department of Community Medicine, Wah Medical College, conducted a workshop on the topic “Dengue Prevention and Control” on October 4th, 2022. The workshop was presided over by the worthy Principal, Maj Gen Abdul Khaliq Naveed, HI(M), (Retd). Master trainer of the workshop was Prof. Dr. Musarat Ramzan (HOD Community Medicine). It was attended by 43 teachers from different FGEIs of Wah Cantt, Taxila Cantt, Sanjwal, Havelian and Kamra. The purpose of the workshop was to equip the teachers with knowledge of symptoms and preventive measures against Dengue so that they can create awareness among students, enrolled in their respective schools as well as the community.



Faculty Development Program-2022



Sr #	Faculty Development Topic	Date	Participants	Facilitator	Name of facilitator
1	FDW 01 =Communication Essential Skills in Healthcare	Thursday, 6 January 2022	23	1	Dr. Nazeer Ahmed Khan
2	FDW 02= How to Mentor Medical Students	Thursday, 13 January 2022	16	1	Dr. Nazeer Ahmed Khan
3	FDW 03=MULTIMEDIA-BASED QUESTIONS	Friday, 25 February 2022	36	1	Brig Muhammad Alamgir Khan,
4	FDW 04 = How to Mentor Students 3/3/2022	Thursday, 3 March 2022	24		Dr. Ambreen Ansar
5	FDW 05= Ethical Reasoning in Emergency Healthcare with Updates	Wednesday, 18 May 2022	27	1	Dr. Nazeer Ahmed Khan
6	FDW 06= Literature search, integration with Mendeley reference management	Tuesday, 6 December 2022	22	1	MR. Hassan
7	FDW 07= How to Conduct a literature review	Wednesday, 7 December 2022	19	1	MR. Hassan
8	FDW 08= How to write a research proposal	Thursday, 8 December 2022	13	1	Dr. Ambreen Ansar
9	FDW 08= How to write a research proposal	Tuesday, 13 December 2022	8	1	Dr. Ambreen Ansar

10th Convocation Report

The 10th Convocation Ceremony for the graduates of 12th & 13th Batches, Session 2015- 2019 & 2016-2020, of Wah Medical College was held on Thursday, 28- 03- 2019. The venue was Auditorium, Wah Medical College (WMC), Wah Cantt.

The Chief guest for the Convocation was Dr. Javed Akram Vice Chancellor University of Health Sciences (UHS), Lahore. Also in attendance were other dignitaries from POF Board, POF Hospital and the medical, academic world.

This year a total of 227 students were awarded degrees, 116 from 12th Batch and 111 from 13th Batch.

The Convocation began with the grand academic procession followed by the National Anthem.

Following recitation from the Holy Quran, Maj General® Khaliq Naveed Principal, Wah Medical College addressed the audience and presented the Annual Report. Maj General® Khaliq Naveed proudly presented the young graduates of the 11th batch of WMC who had been declared successful by the University of Health Sciences (UHS), Lahore, in the Final Professional MBBS Examinations 2019 & 2020. He highlighted that WMC scored a pass percentage of 95.4% and secured 2nd Position among 33 Medical Colleges of UHS. Prof. Dr. Wasim Uddin emphasized the achievement of the First among graduates of the 12th & 13th Batches, Dr. Amna Sajjad and Dr. Saqib Nasir. He also touched upon all the other salient developments including publications, collaborations in academics and research, awards, distinguished visitors, dynamic student activities, etc.

Following his speech, by virtue of the authority vested in him by the University of Health Sciences, the Principal admitted the students, both present and in absentia, to the Degree of Bachelor of Medicine and Bachelor of Surgery. He also authorized the students present to wear the robes ordained as the insignia of this degree. Prof. Dr. Wasim Uddin signed the list of awardees as well.

Prof. Dr. Musarat Ramazan, Dean, Academics, lead all the graduates reading the Medical Oath.

The Principal and the Vice Principal awarded the degrees to the graduates of 12th & 13th Batches of WMC.

The Chief Guest and the Principal awarded medals and certificates of distinction to 44 distinguished graduates. Dr. Amna Sajjad and Dr. Saqib Nasir was awarded the medal for being the best graduate of WMC for the year 2019 & 2020.

Principal awarded the college shield to the Honorable Chief Guest, after which the Chief Guest addressed the audience. Dr. Javed Akram congratulated the graduates and their families and stressed that the field of medicine demanded a commitment to consider problems holistically and identify relevant solutions. He emphasized that the “high tech” diagnostic approach be combined with a “high touch” caring paradigm. In recognition of the superb performance of graduating students, he announced monetary accolades for the First, Second and Third positions.

The Convocation ended with the grand Academic procession proceeding out of the Audit.



Sports week 2022

Wah Medical College Annual Sport Week 2022 focused on celebrating the role of play and sportsman spirit in academics and fulfills its commitment to provide opportunities for healthy extracurricular activities for students ensuring a holistic approach to academics.

Sports week was scheduled in 2nd week of March commenced on 25th March, 2022. The week began with a Flag Raising ceremony and March Past followed by formal inauguration of sports week by Professor Maj Gen Khaliq Naveed, Wah Medical College.

Before the start of sports week a committee was formed that managed and ensured the smooth and successful conduct of all activities and provided safe environment to enhance the healthy experience for students. The committee was presided by Professor Dr. Zubia Athar. The pleasant weather and hues of spring added more color to the activities. The outdoor activities comprised of various sports like badminton, table tennis, tug of war, cricket, throw ball and football. Referees and other technical help was sought from POF board and other sports professionals. Indoor events included stalls, English and Urdu declamation, Videography, poetry contests of Urdu and English. The judges and chief guests for these events were invited from various institutes in the vicinity of Wah Cantt. The cricket match among faculty member was also the part of week activities. The result of each activity was announced at the end of each event. The winning class was Final year on the basis of maximum points accumulated through individual events. The week ended with a dinner to which the entire faculty and students were invited.



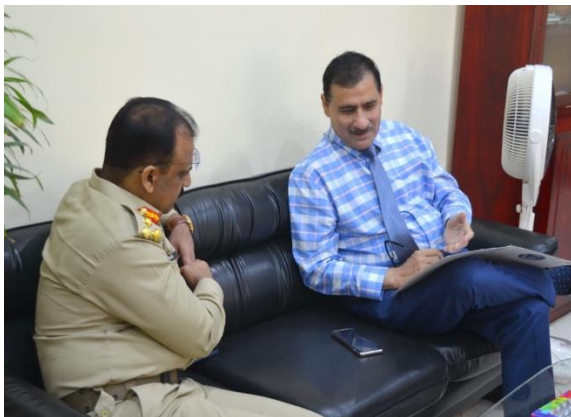


Farewell To Deputy Commandant POF Hospital

Wah Medical College bid farewell to esteemed Dy Comdt Col Ameena, POF Hospital. The event was hosted by WMC and was organized in Conference Room, Wah Medical College. Principal Maj Gen (R) Dr. Khaliq Naveed, Vice Principal Prof. Dr. Mussarat Ramzan, Director administration attended the event. The event was graced by outgoing Dy Comdt Col Ameena.

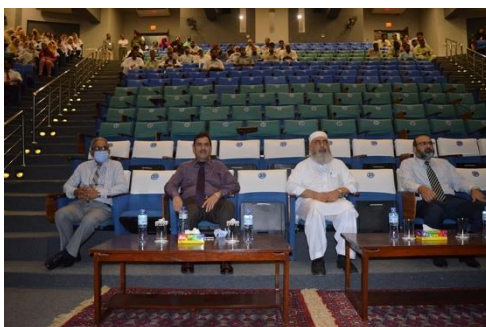
Principal and Dean WMC expressed gratitude and appreciation for her services provided for the upgrading of Hospital. To honour her achievements, a shield was presented to Col Ameena by Principal WMC on behalf of the college.

In the end, she also appreciated the efforts provided by Wah Medical College for smooth conduction of all projects for progress of hospital.



LECTURE ON ENVIRONMENTAL AWARENESS:

Environmental awareness plays a crucial role in addressing the challenges faced by our planet today. It involves understanding the impact of human activities on the environment and taking steps towards sustainable practices. The session was arranged considering massive environmental changes that are significantly impacting our lives. The lecture was delivered by Lt. Col M.Imran Minhas on 4th August, 2022. The lecture was arranged in WMC auditorium which was attended by worthy Principal, Vice Principal, faculty and a significant number of students. The salient feature of the lecture were Conservation of Natural Resources, Biodiversity Preservation, Climate Change Mitigation and Pollution Prevention. In the end the worthy Principal Maj ® Gen Khaliq Naveed spoke few words on environmental changes followed by vote of thanks. He concluded the session by presenting a shield and certificate to the speaker.



Inter College Competition

Students at Wah Medical College are indeed all-rounders for they not only outperform students from other institutes in academics but also in co-curricular activities. WMC team comprising of 32 students went to CMH Medical College for Olympiad 2022 that was held from 4-6th March 2022. The Olympiad was attended by 13 other colleges and universities from the entire Punjab, but the exceptional talent and zealous performances of our students made them stand apart. They secured 2nd position in Thematic Arts, 3rd in Squad Goals and 1st position in Normandy, E- Games and Chief Wars. Along with this, they performed brilliantly in sports events and grabbed a goal medal in table tennis and a bronze medal in chess. All in all, they were outstanding and secured 2nd position in the entire Olympiad and indeed made the entire institute very proud of them.

Students of WMC enthusiastically participates in inter-college competition was held on 10th February 2022 at the Shifa College of Medicine. The formal invitation was sent to the college and the students willingly participated. The competition was aimed at bringing together students from different colleges and providing them with a platform to showcase their talents. The event started at 9 am with the pre-registration done. Our students participated in Qiraat, declamation, and Arts competition.

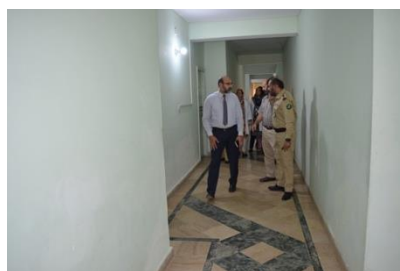


Inspection of Hostels by GHQ 2022

An inspection of Jinnah and Fatima hostels was conducted on 13th June 2022 by a team of officials formulated by GHQ. The purpose of the inspection was to assess the standards followed for the students residing in the hostels.

The inspection team was accompanied by representatives from the hostel management, and the college administration. The inspection was initiated by an introductory presentation by Deputy Director Administration followed by on ground inspection of both the hostels. The inspection also met the boarders and got positive feedback regarding the facilities provided to them. During the inspection, the team assessed the health and hygiene of the hostels, safety and security, and facilities and amenities provided to the students.

Overall, the inspection of both the hostels of the medical college was successful. The ceremony of shield distribution was organized in the conference room of WMC at the end of inspection.



White coat ceremony 2022

The white coat ceremony is a ritual signifies the beginning of students' journeys to achieve the long white coat, when they are entering this noble profession. It also symbolizes professionalism, caring and trust, which they must earn from patients. White coat is considered a symbol of dignity, nobility, and professionalism for a doctor worldwide. To endorse that, college administration organizes a white coat ceremony every year for the newcomers. In this ceremony, Maj Gen® Abdul Khaliq Naveed, Principal Wah Medical college formally welcomed and awarded white coats to the new batch with a hope that they would wear them with befitting grace. The maximum number of admissions in MBBS course at WMC is 150 w.e.f. 2021 as approved by the PM&DC. The eligibility criteria are completion of 12 years of education and entry test conducted by NUMS.

The ceremony was a formal welcome to new induction that took place in WMC's Auditorium on 19th January 2023 at 11:30am. It was organized by department of anatomy in collaboration with college administration and various other departments. The ceremony was hosted by Dr. Naumana Mehmood followed by welcome address and introduction by head of departments of all basic's sciences. After a formal introduction all the students took Hippocratic Oath which was delivered by Dean of the college. It refers to binding with the noble profession that ensures the responsibility of patient care and a promise to treat the sick to the best of one's ability, preserve patient privacy. The oath taking ceremony was comprehended by welcome address by the Principal of Wah Medical College and distribution of white coat as a mark of insignia to the new students.



Workshop On Electrocardiography (ECG)

A workshop on Electrocardiography (ECG) was conducted on 7th September 2022 at the POF Hospital. The workshop was organized by the hospital's cardiology department and was aimed at providing healthcare professionals with a comprehensive understanding of ECG. The workshop started at 9 am was primarily conducted for the house officers working in medicine and emergency medicine. The workshop was conducted by Dr Rafay Iqbal and Dr Ahsan Shahid, renowned cardiologists with extensive experience in the field of ECG. The workshop was conducted in WMC auditorium and started at 9:00 am. The layout of workshop comprised of comprehensive basic theoretical knowledge followed by hands on practice. The participants were given the opportunity to practice ECG interpretation, which provided a more detailed understanding of ECG abnormalities. The practical session was followed by a question-and-answer session, where the participants were given the opportunity to clarify their doubts and ask questions. The workshop was concluded by distribution of certificates to the participants and facilitators, followed by vote of thanks.



Workshop on Ethical Reasoning in Emergency Healthcare

Health care emergency situations often present complex ethical dilemmas that require careful consideration and decision-making. This report aims to examine the ethical reasoning involved in health care emergencies, exploring key principles, frameworks, and considerations that guide ethical decision-making in such critical situations.

The workshop was organized by medical education department on 18th May 2022. The workshop was conducted in conference room of medical education department. The workshop was attended by senior faculty of all clinical sciences departments. The session started with basic knowledge of ethics and its importance in health care especially in critical care. Afterwards the participants were given multiple situation and tasks for better understanding and response to certain situations. The facilitators highlighted that Health care professionals must navigate these challenges while upholding the values of patient autonomy, beneficence, non-maleficence, justice, and veracity. By understanding and applying ethical principles and frameworks, health care providers can make well-informed decisions that prioritize the best interests of patients and the community. The workshop was concluded with cote of thanks and certificate distribution among participants and facilitator by worthy Principal.



Workshop on “Surgical Skills”

The department of surgery held a workshop on “Surgical Skills” on 01-08-22 in the Skill Lab of POF Hospital. The participants included almost 25 Post graduate trainees and house officers of the surgical and allied departments. The purpose of the workshop was to impart skills which included surgical knots, tendon repair, bladder suturing technique and intestinal anastomosis. Relevant videos were followed by hands on practice on tissues from sheep for realistic touch. The workshop was conducted by Prof Brig (R) Dr. Mohammad Pervaiz, Prof Brig (R) Dr. Mannan Masood, Dr Naeem Akhter and Dr Munawar Latif. The workshop was concluded by distribution of certificates to the participants and facilitators, followed by vote of thanks and lunch.



Workshop on “How to mentor Medical Students.”

The department of Medical Education held a workshop on “How to mentor Medical Students” on 13-01-22 in the Conference Room of Wah Medical College. The workshop aimed to equip participants with the necessary knowledge and skills to effectively mentor students in various educational settings. The event was attended by [number] participants, including educators, administrators, and individuals interested in becoming mentors. To understand the importance of mentoring in students' academic and personal development. To explore effective mentoring strategies and techniques. The workshop began with an introduction to the importance of mentoring in students' lives, highlighting the positive impact it can have on their academic success, personal growth, and overall well-being. Attendees were encouraged to reflect on their own experiences as mentors or mentees and share their expectations for the workshop. The attendees left the workshop with a deeper understanding of their role as mentors and a sense of community, ready to make a positive impact on the lives of the students they will mentor. The workshop was concluded with distribution of certificates and vote of thanks by Principal Prof Maj Gen ® Khaliq Naveed.





Quaid Avenue The Mall POF Wah Cantt.

Web Site: www.wahmedicalcollege.edu.pk email: info@wahmedicalcollege.edu.pk

Ph: 051-9094000, 105, 111 Fax: 051-9314373